

Mogul Team - AGM Report

Prepared by: Josh Kober,
Mogul Team Head Coach



Program Overview:

The goal of the BC Mogul Team is to produce high-performance athletes and advance them to the Canadian National Team. I intend to develop a culture of excellence within the program that will create ideal training environments, leading to effective athlete development in regards to both sport performance and personal growth. I believe that the development of such a program will give our athletes the tools to succeed on and off the ski hill. I believe that the implementation of the aforementioned culture will create a direct path for our athletes to reach their goals.

2016/2017 Highlights:

- Brayden Kuroda 5th Overall, Canada Cup Series
- Hayden Person 6th Overall, Canada Cup Series
- Sam Cordell 11th Overall, Canada Cup Series
- Eight returning to the team for 2018: Cassidy Todd, Shaina Finlayson, Chloe Kober, Jackson Parsons, Joe Durham, Sam Cordell, Hayden Person and Brayden Kuroda.
- Two new athletes selected to the team for 2018: Jessie Linton and Maya Mikkelsen.

Off-Season Volume:

- 57 On-Snow days
 - 30 Water Ramp days
 - 40 Trampoline days
 - 58 Strength and Conditioning days (*Not including provided at-home programs)
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Competition Season Volume:

- 20 Official Training Days
- 19 Competition Days
- Major Events: Canadian Selections, Sr. & Jr. Nationals, Western Canadian Series.

Coach Overview:

Head Coach: Josh Kober

- Former athlete with Apex Freestyle, BC Mogul Team and Canadian Sport Institute.
- TSM 1 & 2
- Air 1, 2, 3, 4
- Competition Development trained. Tracking to become certified in advance of the 2018/2019 season.
- Currently enrolled in the Advanced Coaching Diploma program through the Canadian Sport Institute.
- Two years of coaching experience as Head Coach of the Northern Extreme Freestyle Club based out of Grande Prairie, AB.

Support:

- This season we have brought in veteran coach Darcy Downs to assist with the mogul program. Darcy brings an incredible amount of knowledge and experience to the table and is proving to have a huge impact on the program. His teaching methods and pure understanding of the sport are unmatched and I consider myself extremely lucky to have him with the team.
- The transition period between myself and previous Head Coach, Kiera Leung, was made very smooth by being able to have Kiera assist with coaching for the first several camps of the off-season. I would like to acknowledge her support during that time as it was very valuable.
- Our agreement with the CSI in Whistler has been extremely valuable. The opportunity to work with Andrew Kates for the off-season has had a huge impact on the athletes and their physical development into high performance athletes.

Conclusion:

My time with the team has been very successful so far. It is clear to me that there is a lot of talent within this team and given the opportunity to coach the program, I am very confident that I will be able to give these athletes the opportunity to reach their goals and give them a clear pathway to the National Team and beyond. I cannot express my excitement to be coaching the team and I am looking forwards to a bright future with the program!

