



COVERT operations (WATER RAMPS) are now open!

After a significant and collaborative effort between Freestyle Apex, Freestyle BC, and Freestyle Canada we are delighted to announce that the [COVERT Farms Water Ramps](#) are up and running. Please reach out to the Apex Freestyle Club for any inquiries: headcoachafc@gmail.com



A. Maya Mikkelsen

P. Seb Berthiaume



A. Andre Dreyer

P. Seb Berthiaume



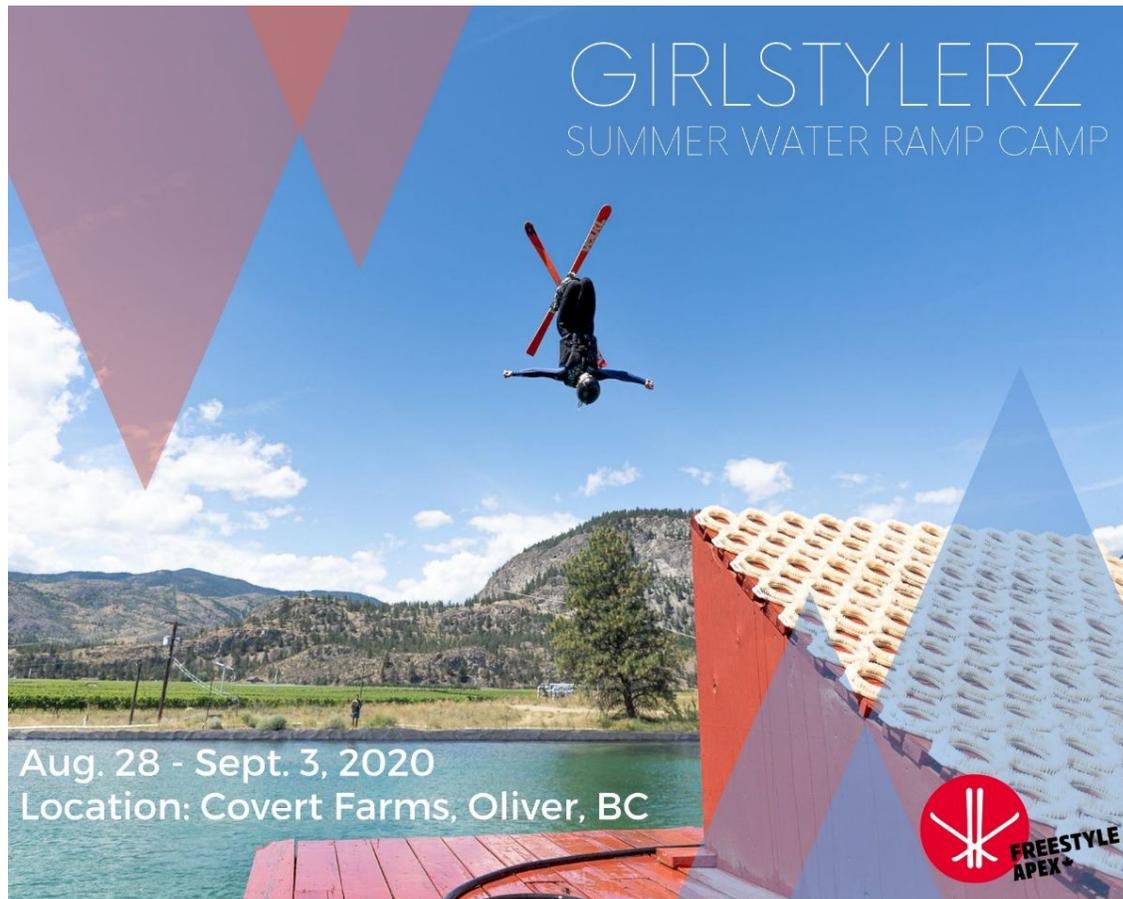
A. Skye Clarke

P. Seb Berthiaume

2020-2021 Freestyle BC Membership is open

Please sign up for your athlete, coach and volunteer memberships [here](#). All participants need to purchase their membership before participating in any training or club activities!

Freestyle BC Club Sanctions are also open for renewal for the 2020-2021 season. If your club admin has any questions regarding this process please reach out to info@freestylecanada.ski



Freestyle BC is excited to announce the all new Girlstylerz Summer Water Ramp Camp held in Oliver, BC August 28 – September 3, 2020. This camp is open to all female athletes who have done a season with a Freestyle BC sanctioned club. [Click here](#) for more details and to register.

Club News

Freestyle BC is delighted to share that the [Panorama Freestyle Club](#) has hired Ben Murphy as their new head coach. Ben comes with a wealth of international coaching experience, we are all excited to welcome Ben back to the culture of Freestyle excellence in BC!

[Apex Freestyle Club](#) has also announced their new Head Coach for the upcoming season, Kristi Richards. We are all excited to have a former BC club, provincial, and national-level athlete (who is also an Olympian

and World Champion) return back to her home club in an effort to support the dreams of our next generation of champions. This is truly a full circle testament to the power of our community!

Our BC Team coaches worked closely with the Canadian Sport Institute (CSI) to improve our criterium for our Provincial Development Level 1 Card (Club). Please take a moment to review [the updated](#) nomination criteria that clearly defines the key measurements we are tracking in alignment with the [Sport Canada LTAD](#).

Coach Development - Online Opportunities

Freestyle BC STRONGLY encourages all coaches to complete:

- **Canadian Association of Coaching**
 - [SafeSport Module](#)
- **NCCP eLearning Courses**
 - [Full Course Schedule](#)

The Freestyle BC Coach Development Committee has been working closely with Freestyle Canada, the CAC and the NCCP to revisit our coach pathway, build mentorship opportunities, audit our existing coaches' certifications and design a calendar that complements the shared needs of the athletes, coaches, and the clubs. If your club or coaches would like to review your coaches' certifications listed in the locker, please reach out to info@freestylebc.ski. Our goal is to have 100% accuracy for our coaches to help us predict and support the needs of our coach, and ultimately athlete development.

BC Team Update

A great big congratulations to Dillan Glennie for being recently named to the Canadian NextGen Halfpipe team. Dillan grew up skiing at Mt. Washington, has been a great mentor to all athletes in BC, earned a medal at the Canada Winter Games, been on the NorAm podium multiple times and competed at the Calgary World Cup Halfpipe Rodeo. Over the past two seasons, we have seen a significant rebuild of our programs and it is great to see the effect of the combined efforts of athletes, coaches and support staff. The balance of the Park and Pipe team will be training in Whistler, Oliver and Maximize this summer. Get to know our [Park team here](#).



A. Dillan Glennie

P. Seb Berthiaume

It has been a long-time coming but the BC Mogul Team is back in action!

Looking back to the spring, the team spent much of our time restricted to at-home training, coming in the form of home workouts, trampoline and athlete education. A massive shoutout to our support staff at the Canadian Sports Institute for providing us with high-quality strength & conditioning, sports nutrition and mental performance resources to help our athletes advance their skills and abilities despite the challenging times.

After a long period of at-home training, we received official clearance to resume training and began trampoline in mid-June. While we were limited to strictly trampoline for in-person training, it proved to be extremely productive with our athletes making leaps and bounds in their acrobatic ability.

We have now been able to take advantage of water ramp training over the past few weeks at the beautiful & productive facility in Oliver. This was the perfect re-introduction to jump training with our athletes seeing huge pay-off from their hard work during the at-home preparation phase and large amounts of trampoline training. Everyone is off to a hot start with big improvements in overall skills and many progressing to bigger and better tricks! Get to know our [Mogul team here](#).

Our coaches and staff would like to acknowledge the massive amounts of support we've received from everyone involved with the program through this incredibly unique and challenging off-season. From our leadership at Freestyle BC, Freestyle Canada and Canadian Sports Institute, to our direct membership in our athletes and their families. We would not have been able to excel without their perseverance and dedication.

Thank you!!

Capital Project Fund

First of all a big thanks to the 5 clubs who submitted for the Capital Projects Fund. The enthusiasm across the province is palatable and so is the desire to bolster our sports community. It was a beautiful process to watch the clubs build their case, and witness the diligence of our sub-committee and the board of directors as they reviewed the applicants with a pragmatic and objective lens, based upon our [4 strategic pillars](#) and [criterium](#).

Freestyle BC is thrilled to announce our support for the Apex Mogul Venue and [Whistler's NTC](#).

Events

We have our sights set on a safe, meaningful, and FUN competition season this winter. Our goal is to improve upon the Timber Tour Series with the addition of the [Super Youth Freestyle Festival](#) and through the new standards being set for our judge and officials development courses. If your club would like to host a Timber Tour event this season please reach out to info@freestylebc.ski to access an **INTENT TO HOST PACKAGE**

Return to Sport Information

It has been a wild ride for many of us over the past few months. Our staff and coaches have been head down in an effort to provide high quality and safe training experiences for everyone. We have made great strides in a collaborative effort with our Provincial Health Authorities, viaSport and WorkSafeBC. [Please click here](#) to see our commitment to keeping you safe during the COVID-19 Pandemic.

Girlstylerz #GoggleChallenge

In place of our cancelled spring GirlStylerz camp, we wanted to show the world how the Girlstyler vibes are still going strong! Take a look at how freestyle girls stayed active and connected from coast to coast through our Freestyle BC #GoggleChallenge!



Shoutout to the Girlstylerz #GoggleChallenge winners:

- Talance from Maidstone, Saskatchewan
- Paulina from Calgary, Alberta
- Caelan from Wentworth, Nova Scotia
- Kristin from Vernon, BC
- Quinn from Calabogie, Ontario

Honourable mentions:

- Punita from Calgary, Alberta
- Hunter from Montreal, Quebec
- Suki from Vancouver, BC
- Emma from Calgary, Alberta

Thank you to our amazing Girlstylerz community for your submissions and for helping us keep the stoke alive!

A special shout out to our friends at [COMOR Go Play Outside](#) for their generous Oakley donation.

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