# APEX MOUNTAIN RESORT EARLY SEASON TRAINING PACKAGE 2020/21



Jonathan Kosinski

marketing@apexresort.com

t.1.877.777.2739

c.250.490.6526

\*Please find our Covid-19 Winter Protocols on the Apex Mountain Resort website.

apexresort.com / @apexmtnresort

# **Early Season Training Dates**

**Projected Start:** November 14<sup>th</sup> (Mogul Course)

**Open to Public:** December 5<sup>th</sup>

Coaches ski free – All coaches must have a valid lift t Lift Tickets available at the Administration office.

# **Season Passes/Day Tickets**

	Athlete Pass	Regular Seasons	Early Season Day	Athlete Day
		Pass	Rates	Rates
	Valid from December 5 <sup>th</sup> 2020 – April 5 <sup>th</sup> 2021	Valid from December 5 <sup>th</sup> 2020 – April 5 <sup>th</sup> 2021	Valid each day until opening day December 5 <sup>th</sup> 2020	Available December 5 <sup>th,</sup> 2020 - April 5 <sup>th</sup> 2021
Adult (19-64)	\$789	\$1199	\$65	\$92
Teen (13-18)	\$540	\$850	\$65	\$76
Junior (8-12)	\$390	\$600	\$65	\$57

Season passes can be purchased at time of arrival. Price does not include taxes. Passes are non-refundable and non-transferable. Regular retail rate: Adult \$92 | Teen \$76 | Junior \$57.



# The Edge Bistro Meal Plan Menus 2020/21

Meal Plan Cost: \$45 per person/day
Price does not include tax or gratuities
Meal cost breakdown: \$11 breakfast, \$14 Lunch, \$20 Dinner

### **Breakfasts**

- Variety of Panini English Muffin / Bagel Breakfast Sandwiches
- Options include: Bacon, Egg and Cheese / Sausage, Egg and Cheese
   / Black forest Ham, Egg and Cheese
- or Grilled Breakfast Wraps or Buffet style Oatmeal and Cold Cereal with Fresh fruit/salad/Muffins/Banana Bread
- Beverages include: Juice, Milk, Coffee or Tea

### Lunch

- Assorted Fresh Made Deli Kaisers
- Sandwiches will change daily using various fresh vegetables, Deli meats and cheeses.
- Homemade Soups and Chili with a bun
- Piece of Fruit (apple, orange, banana)
- Beverages include: Juice, Milk, Coffee, Tea or Hot Chocolate (Lunches can be packaged "to- go" if required)

### **Dinner**

- Chef's Choice Entrée with assorted Breads and Salad
- Complete with a vegetable and starch side (rice, potato or pasta)
- Along with a few choices for Dessert
- Juice, Milk, Coffee, Tea or Hot Chocolate
- Vegetarian Options Available if requested prior to service
   Please inform The Edge of any allergies prior to service

### Sample Chef's Choice Entrees

- Roast Beef Dinner
- Slow, oven roasted beef complete with gravy and mashed potatoes
- Hickory BBQ Chicken Breasts
- Homemade Lasagna
- Roast Turkey Dinner
- Chicken Cordon Bleu
- Grilled Pork Chops with mushroom gravy
- Baked Wild Pacific Salmon
- Chicken Souvlaki with tzatziki
- Assorted Homemade stone oven baked flatbread Pizzas style
- Variety pasta dishes featuring different sauces

Dependent upon number of meals booked at The Edge Bistro Please e-mail The Edge at <a href="mailto:theedge@nethop.net">theedge@nethop.net</a> to book and set up your meal plan.



# The Gun Barrel Saloon Meal Plan Menus 2020/21

Meal Plan Cost: \$45 per person/day Price does not include tax or gratuities

### **Breakfast**

- Bacon, egg, and cheese grilled breakfast wrap
- Sausage, egg, and cheese grilled breakfast wrap
- Oatmeal and cold cereal
- Fresh fruit or muffins
- Drinks: Juice, milk, coffee, tea

### Lunch

- Daily sandwiches using a variety of deli meats, cheese, vegetables (Different varieties of bread everyday
- 2 house made soups (Mushroom soup, San Marzano tomato soup)
- Piece of fruit (orange, apple, banana)
- Drinks: Juice, milk, coffee, tea

### Dinner

House salad (Artisan greens, poppy seed vinaigrette, grape tomato, pumpkin seeds, radish)

### Entrée

- Pan seared salmon, seasonal vegetables, quinoa, vierge sauce
- Hunter chicken, crispy kale, sundried tomatoes, seasonal vegetables, brown rice

(Seasonal vegetables; Roasted butternut squash, carrots, green beans tossed in olive oil and salt and pepper)

### **Vegetarian option**

Gluten free fettuccine, cashew cream, butternut puree, kale, toasted cashews, parsley





Please email The Gun Barrel Saloon at <a href="mailto:Iesse@scorepubgroup.com">Iesse@scorepubgroup.com</a> to book and set up your meal plan.

# **Accommodations on the Mountain**

We are excited to have your team participate in early season training with us at Apex Mountain Resort. If you are looking for accommodations up here at the mountain we recommend contacting either Okanagan SkyRun (Okanagan.skyrun.com) or Stay at Apex (stayatapex.com). Please let us know if you need assistance as we do have some hotel partners in the city of Penticton.





# **CONTACT US**

For more information, inquiries, or to book your accommodations please call us today!

Toll Free: 1.866.273.9737 9am-9pm Daily

Phone: 250.292.8256

Book Online

https://stayatapex.holidayfuture.com/

Office Address: 100 Strayhorse Rd, Apex Mountain Resort BC

Or email us at: info@stayatapex.ca

# **2020-21 Early Season Training Booking Form**

Club / Tea	am								
Contact P	act PersonE-mail								
Mailing A	.ddress								
Phone #Cell/On-hill #									
Arrival Da	rival DateDeparture Date								
Training From (include Date & Times)To									
Number of Athletes Age Group Number of Coaches Training Overview: Please list what discipline you are hoping to train on that day. SL, GS, MOG etc.									
	Mon	Tues	Wed	Thurs	Fri	Sat	Sun		
AM									
PM									
AM									
PM					_				
AM									
PM									
Additional Notes:									

Ph. 1. 877. 777. 2739 Fax: 250. 292. 8100