



# **TIMBER TOUR GUIDELINES AND RULES**

*UPDATED: November 2020*

## Table of Contents

OVERVIEW .....	3
RESPONSIBILITY .....	4
FORMAT .....	4
GENERAL GUIDELINES .....	5
SCHEDULING .....	6
COMPETITION FORMAT .....	6
<i>Moguls</i> .....	6
<i>Dual Moguls</i> .....	7
<i>Big Air</i> .....	7
<i>Slopestyle</i> .....	7
<i>Halfpipe</i> .....	8
COMPETITION ELIGIBILITY .....	8
EVENT INVITATIONS .....	9
REGISTRATION AND FEES .....	9
REFUNDS .....	10
EVENT BIBS .....	10
JURY .....	11
JUDGES .....	12
SCORING .....	12
TEAM LEADERS MEETING .....	13
COMPETITION RULES .....	13
RESULTS .....	14
AWARDS AND PRIZING .....	14
FREESTYLE BC SLOPESTYLE GUIDELINES “BEST PRACTICE” .....	15
<i>Example of “L” and “XL”</i> .....	15
<i>Examples of “M” and “S”</i> .....	16
COVID PROTOCOL .....	17
<i>Reporting Policy In Case of Participants Illness</i> .....	18
<i>If a test result returns positive for COVID-19, then:</i> .....	18

---

## Overview

Following is a guide for the BC Timber Tour Series of Freestyle Skiing events. Freestyle BC in partnership with BC registered clubs offer the BC Timber Tour to provide a meaningful competitive experience for athletes in the learn to train (L2T) and train to train (T2T) stage of the long-term athlete development (LTAD) model.

In partnership with Freestyle Canada, Sport For Life, and the Coaching Association of Canada, Freestyle BC will continue to develop and support the implementation of grassroots programs and events that are relevant, vibrant and engaging for athletes in the L2T and T2T stages of development. The BC Timber Tour aims to increase participation, develop athletes through a meaningful competitive experience, recruit and develop officials and further develop coaches.

Freestyle BC remains committed to implementing standards for the development of acrobatic/air skills, to training coaches, and providing standards for competition and training facilities as the pillars of excellence and athlete safety.

It is the policy of Freestyle BC that all participants should be equitably served in terms of the Association's programs, and that all participants should have an equal opportunity to contribute to all aspects of the affairs of the Association. Freestyle BC is committed to reviewing its current programs and services and taking initiatives to redress any gender imbalances.

Freestyle BC aims to grow and continually improve support to local clubs and organizing committees. The Freestyle BC Events Committee aims to support freestyle skiing events and further develop the sport in the province of BC. The committee will have the ability to amend rules and regulations outlined in this document on an ongoing basis with the mandate to improve and develop the BC Timber Tour event series.

---

## Responsibility

1. The Freestyle BC Competition Events Committee oversees the development of the rules and regulations, operating procedures, fees and allocation of events.
2. The Freestyle BC Board of Directors must approve rule and fee changes.
3. The Freestyle BC Events Committee is responsible to ensure the Timber Tour series of events aligns with the train-to-train objectives of the LTAD.
4. The local organizing committee (LOC) will be responsible for operating specific Timber Tour events. This includes managing the event budget.
5. The LOC will verify that all participants (athletes, coaches, officials and volunteers) have a current and valid membership with Freestyle BC in order to meet the event sanctioning and insurance requirements.

## Format

1. The BC Timber Tour is a provincial series of Freestyle Skiing events.
2. Events are aimed at athletes in the Learn to Train and Train-to-Train stage of Freestyle Canada's long-term athlete development model.
3. Freestyle BC sanctions the BC Timber Tour series.
4. LOC's are appointed by the host club and approved by Freestyle BC provided they are in good standing with the NSO and PSO.
5. The BC Timber Tour aims to have a minimum of three stops each season with a primary focus on the Olympic disciplines of moguls and slopestyle. Events may also include an additional discipline: big air, dual moguls, or halfpipe.
6. The Freestyle BC Events Committee oversees the Timber Tour series of events and will have the ability to have final decision on any matters related to the Timber Tour series of events.
7. Freestyle BC has adopted superseding rules and regulations for the BC Timber Tour, which is outlined in this document. In all other circumstances the Canada Cup Guidelines shall first apply, and then the FIS Rules.
8. All BC Timber Tour competitions will use the standard Freestyle Canada age categories breakdown. Age is determined as of January 1st of the competition season (i.e. November 1, 2020 to April 30, 2021 ski season has ages calculated as of January 1, 2021):
  - a. U14 (Ages 12-13) – Male and Female
  - b. U16 (Ages 14 – 15) – Male and Female
  - c. U18 (Ages 16 – 17) – Male and Female
  - d. U20 (Ages 18 – 19) – Male and Female

---

## **General Guidelines**

1. Our guidelines for safety follow ICR Rules. The following Timber rules are adaptations for this level of competition.
2. Emergency Action Plan (EAP) and First Responders (Ski Patrol). All LOC's must complete and submit an Emergency Action Plan to Freestyle BC. The Emergency Action Plan must have the following information:
  - a. Name of Lead Ski Patrol
  - b. Competition venue medical services, including number and location of ski patrol and appropriate medical equipment.
  - c. On-site accident response protocols.
  - d. Transportation protocols for patient transport to a medical facility, including ground and air ambulance transport (if necessary).
  - e. Location of nearest hospital and Level 1 Trauma Centre.
  - f. Maps of all medical facilities in relation to Host Mountain
  - g. The Event Organizer shall provide a minimum of 2 ski patrollers on competition sites at all time; this includes training and competition days. If an athlete is injured and if both Ski Patrollers are required to escort athletes off the course, the competition must not begin until 2 Ski Patrollers have returned to the top of the course.
3. Slopestyle Knoll Master Risk Management Plan Protocol
  - a. A Knoll Master or Jump Spotter are important positions that are responsible for opening and closing Slopestyle jump so that athletes who are entering jumps are notified that the landing is not clear.
  - b. A knoll Master must be positioned on the Knuckle of the jump with clear visibility of the landing and visible to the athlete entering the take off.
  - c. The knoll master must have a flagging device and in the event of a closure they will wave the flag in clear sightline to the athletes entering the feature. This indicates that the jump is closed.
  - d. Athletes are trained to see closures from the knuckle and if the flag is waving it is athlete's responsibility to close down their entry.
  - e. The first priority of the Knoll Master is to shut down their jump for the safety of the athletes. The Second priority is to notify the course controllers (starter and other knoll masters) that their jump is closed.
  - f. Knoll Master Protocol is to be discussed at the team leaders meeting prior to official training.
4. Unofficial Training
  - a. Unofficial training consists of a competition venue that is open to the public and competitors enter the venue at their own risk. Emergency action plans are the responsibility of the athletes and the coaches.
5. Official Training
  - a. Each Timber Tour Event must provide at least one day of official training

## Scheduling

1. Freestyle BC will work with local organizing committees to determine the schedule of events.
2. Local organizing committees interested in hosting a BC Timber Tour should submit an expression of interest to Freestyle BC by May 30th.
3. Freestyle BC may go through a bid processes to determine the location of events if necessary.
4. Final schedule confirmation for the following season will be determined no later than September 30th.
5. Competitions should not conflict with national or international events in the same geographic region at the same time. All efforts shall be made to resolve scheduling conflicts to ensure the BC event schedule is optimized to allow for the participation of the BC Freestyle Ski Team.
6. The BC Timber Tour event schedule will be posted at [freestylebc.ski](http://freestylebc.ski)

## Competition Format

### Moguls

1. Best of two-run format. All athletes will receive two scored runs with no reduction in field size or a final cut.
2. The start order is:
  - a. F-1, M-1, F-2, M-2 two runs
  - b. F-4, M-4, F-3, M-3 two runs
3. The event jury has the ability to adjust the start order.
4. The second run is started in the same order as the first.
5. Results from the best of 2 runs will determine the winners of the event.
6. Pace time is a calculated value for men's and ladies competitions. To calculate the pace time for a specific course, take the length of the course in meters and divide by the pace speed in m/sec
  - a. The pace speed will be 80% of the FIS World Cup pace speed. i.e. if the current FIS pace speed is 8.3 m/sec for ladies and 9.7 m/sec for men. Timber Tour pace speed for moguls would be 6.64 m/sec for women and 7.76 m/sec for men. A 220m course would have a pace set time of 33.13 seconds for women and 28.35 seconds for men.
7. Each event jury has the power to reduce the number of runs or limit the number of participants should there be external factors such as weather.
8. Should participant numbers have to be limited, athletes who registered first will have priority.

### Dual Moguls

1. Initial seeding based on the single mogul ranking from the current event. Should results from the current event be unavailable, a single mogul event the previous Timber Tour stop single mogul results can be used.
  - a. Athletes that did not attend the previous Timber Tour stop will be given a zero score for seeding.
2. Duals will be completed for large and small final (i.e. 1st through 8th position).
3. Every effort should be made to run categories with the largest field first with the goal to run the round of 8 in the order: F-4, M-4, F-3, M-3, F-2, M-2, F-1, M-1

### Big Air

1. Athlete field of > 60 = Two jumps – best of two.
2. Athlete field of < 60 = Three jumps – best of three.
3. The start order is determined by the Chief of Competition and presented at the Team Leaders Meeting.
4. Athletes will be run by category based on age and gender.
5. Judges will make their best effort to maintain a relative scale between categories. Scores should be comparable between different categories whenever possible.
6. Repeat jumps accepted.
7. Athlete will call their jumps, no penalties for jump deviation during execution.
8. Events should follow the current judging format of relative rank with no degree of difficulty multipliers.

### Slopestyle

1. Best of two-run format. All athletes will receive two scored runs with no reduction in field size or a final cut.
2. The start order is:
  - a. F-1, M-1, F-2, M-2 two runs
  - b. F-4, M-4, F-3, M-3 two runs
3. The event jury has the ability to adjust the start order.
4. Athletes must be run by category based on age and gender.
5. Judges will make their best effort to maintain a relative scale between categories. Scores should be comparable between different categories whenever possible.
6. The second run is started in the same order as the first.
7. Results from the best of 2 runs will determine the winners of the event.
8. Each event jury has the power to reduce the number of runs or limit the number of participants should there be external factors like weather.
9. Should participant numbers have to be limited athletes that registered first will have priority.

10. Events should follow the AFP judging format of relative rank with no degree of difficulty multipliers. Athletes should be using the lane that will allow them to execute their best skills - PAVED acronym: Progression – Amplitude – Variety – Execution – Difficulty

### **Halfpipe**

1. Best of two run format. All athletes will receive two scored runs with no reduction in field size or a final cut.
2. The start order is:
  - a. F-1, M-1, F-2, M-2 two runs
  - b. F-4, M-4, F-3, M-3 two runs
3. The event jury has the ability to adjust the start order.
4. Athletes must be run by category based on age and gender.
5. Events should follow the AFP judging format of relative rank with no degree of difficulty multipliers.
6. Judges will make their best effort to maintain a relative scale between categories. Scores should be comparable between different categories whenever possible.
7. The second run is started in the same order as the first.
8. Results from the best of 2 runs will determine the winners of the event.
9. Each event jury has the power to reduce the number of runs or limit the number of participants should there be external factors like weather.
10. Should participant numbers have to be limited athletes that registered first will have priority.

### **Competition Eligibility**

1. BC Timber Tour competitions are open to all athletes that demonstrate minimum skills recommended by their certified Freestyle Canada coach.
2. All Timber Tour participants must be members in good standing with Freestyle BC.
3. Participants must have a minimum of a Provincial Athlete license.
4. The competition organizing committee of any event has the right to refuse registration or participation to an event to anyone who appears to be under the influence of drugs or alcohol.
5. Athletes who reside in provinces other than BC are permitted to compete at the BC Timber Tour provided that an opportunity is not taken away from a Freestyle BC athlete.
6. Athletes who reside in BC and have represented provinces other than BC at National or International events must have their entry approved by the Freestyle BC High Performance Committee.



7. Athletes under the age of 12 may be permitted to enter the BC Timber Tour provided;
  - a. Athlete has a written request from their Canadian Freestyle certified coach stating the athlete demonstrates the desire and skill to compete at a Timber Tour event.
  - b. The coach presents the athlete's request to the Technical Delegate for approval at the first team leaders meeting.
  - c. If approved the athlete will compete in the U14 age category.
  - d. Athletes who are accepted early into the BC Timber Tour may not return to competition in the Super Youth Freestyle Challenge event for the duration of the current ski season.
  - e. All athletes in all disciplines will only be permitted to perform inverted maneuvers that have been qualified under the Freestyle Canada aerial pathway.
  - f. An athlete performing an unqualified inverted maneuver in training or competition will result in immediate disqualification.
  - g. The technical delegate is permitted to check any and all aerial qualifications at any time.
    - i. Coaches can present an aerial passport, aerial qualification form or the Freestyle Canada aerial qualification database as proof of qualification.

## **Event Invitations**

1. Invitations to participate in Timber Tour competitions must be circulated by the event organizers to FBC member clubs a minimum of 60 days before the competition date.
2. The invitation must include the following:
  - a. Competition format and schedule
  - b. Competition office hours and location
  - c. Entry fee cost
  - d. Athlete lift ticket cost
  - e. Coach lift ticket cost and availability
  - f. Organizing committee contact details
  - g. Accommodation availability
  - h. Location and time of the first team leaders meeting

## **Registration and Fees**

1. Registration must be done online at [freestylebc.ski](http://freestylebc.ski) for all Timber Tour events.
2. Online registration will be available until 72 hours before the start of official training.

3. Athletes may be permitted to late register at the event venue if space is available, and upon discretion of the Jury.
  - a. The local organizing committee, for athletes that are eligible to register on site, may collect an additional fee of \$35.
  - b. Entry fee maximum will be \$185;
    - i. The organizing committee can reduce the entry fees at their discretion.
    - ii. Freestyle BC will retain 5% of the total entry fees collected during registration to offset credit card processing costs. The balance will be passed on to the local organizing committee.

## **Refunds**

1. Online registration closes 72 hours before the start of official training. Refunds can be provided less a 10% fee prior to registration closing.
2. The organizing committee has the ability to adopt or modify the standard refund policy.
3. Refund due to cancellation:
  - a. If a competition is cancelled, \$30CDN shall be refunded to each athlete registered for that event. An athlete shall receive a maximum refund of \$30CDN per competition event if he/she is registered in more than one event that is cancelled. If an event is rescheduled at another venue,
    1. \$30CDN will be charged to the participating athletes.
4. Refund due to injury:
  - a. A registered athlete who withdraws from the entire event after registration closes and before the generation of the start list will receive a refund of 50% of their entry fee. Athletes that appear on the official start list for an event will not be given a refund. No refunds will be given without a written request received no later than 7 days after the completion of the last event day.
  - b. The 5% transaction cost is fixed and cannot be refunded under any circumstances.
  - c. Refunds will be issued via cheque and could take up to 30 days to be processed. Refunds will not be issued on site.

## **Event Bibs**

1. Athletes must wear their assigned bib for all official training and competition.
2. Athletes must wear their assigned bib when being recognized at the awards ceremony.
3. Bibs are the official property of Freestyle BC and cannot be modified or altered.
4. Athletes will be assigned a single bib for the duration of the competition season.
  - a. Athletes will continue with the same bib number for each BC Timber Tour event.

5. Bibs need to be purchased when registering for the BC Timber Tour.
6. Bibs will be available for a one-time cost of \$30 payable to Freestyle BC.
  - a. A limited quantity of replacement bibs will be available.
    - i. First bib replacement - \$30
    - ii. Second bib replacement - \$40
    - iii. Additional bib replacements come at a cost of \$60 if supplies are available.
7. Bibs will be assigned and distributed by the Timber Tour organizing committee.

## **Jury**

1. The Jury shall consist of 3 people: Technical Delegate (TD), Chief of Competition (CC), and Head Judge (HJ).
  - a. The TD's will be appointed by Freestyle BC and must be Freestyle Canada recognized Provincial Level TD. TDs can come from the host club, but must not be part of the LOC.
  - b. Chief of Competition is the leader of the organizing committee and sits on the Jury to make sure the event operations run smoothly. This position requires important decision-making and should be an experienced official.
  - c. The Chief of Course is a key member of the technical team. Any person in charge of course management and development must have significant experience in building courses.
  - d. The Moguls Chief of Course must work closely with visiting provincial and local coaches to prepare and maintain the air jumps and landings.
  - e. The Slopestyle Chief of Course must work with the local Terrain Park Manager and the FBC Competitions Manager to ensure the terrain is appropriate to accommodate the number of features and skill level of athletes at least one month prior. Often this is a collaborative effort.
2. The Chief of Competition and/or Slopestyle Chief of Course must report if there are challenges with the course to the LOC and PSO, ASAP.
3. The builder of the Slopestyle, Halfpipe, and Air venues MUST communicate with Freestyle BC, and the Chief of Course at least one month prior to the event that the course meets the standards for all L2T and T2T athletes.
4. The LOC can make an appeal to the Freestyle BC Events Committee if they are not able to find major officials from different regions.
5. The jury for a competition will meet at least once before the first team leaders meeting. The jury must also meet once before official training in order to do an official course inspection. The Technical Delegate will act as chairman in all meetings of the jury.
6. All members of the jury must hold active major official memberships with Freestyle BC to meet the Freestyle Canada event sanctioning requirements.

## **Judges**

1. The Freestyle BC Head Judge will manage assignments for judges at the BC Timber Tour event stops.
  - a. The Freestyle BC Head Judge will work with the local organizing committee to ensure that there are judging panels who are experienced while providing opportunities for judge recruitment and development.
  - b. The Head Judge for the competition will be responsible for conducting a judge meeting prior to the first team leaders meeting. The Head Judge will be responsible for the coordination of the meeting.
  - c. The head judge or appointed representative of the judges' panel must attend the Team Captains meeting prior to first day of competition.
  - d. The Head Judge should be at the competition one (1) day prior to competition for course and stand inspection, to assist in setting up the judging stand, and to answer any questions from coaches. The local organizing committee will compensate the Head Judge for the training day (when present), and each day of the competition.
  - e. BC Timber Tour events must have a minimum of 6 judges. 5 scoring judges and a head judge. An 8-judge panel is recommended with 7 scoring judges and a head judge.
  - f. When field size is over 60 participants the judging panel may be split to improve efficiency, at the discretion of the Head Judge and LOC.
2. Judges must have a current membership with Freestyle BC in order to meet the Freestyle Canada event sanctioning requirements.
  - a. Head judges should hold a major official license.
  - b. Scoring judges must have a minimum associate level membership to be eligible for the Timber Tour. "C" level certification is recommended.
  - c. Judges should have a minimum C level certification to be eligible for the Timber Tour.
3. The head judge will not be from the same region as the chief of competition.
  - a. The local organizing committee can appeal to the Freestyle BC Events Committee to work through this requirement.

## **Scoring**

1. Chief of Scoring will be assigned by Freestyle BC
  - a) Timber Tour events will be scored by World Cup Lite
  - b) Chief of Scoring should be a paid position at \$125/day. Freestyle BC will provide support in finding capable trained scorers to support the event.

2. Scorers are critical to the overall execution and success of the event. They are required to operate the scoring software, create start lists, organize heats, tabulate scores, and provide results.
3. Scorers usually begin to work on the event one week before the event start. There should be a registration list sent to the Chief of Scoring 5 days before the first training day. Registration list must be in XLS format.
4. The Event Organizer must have access to a photocopier and strong WIFI throughout the competition. The Chief of Scoring must also have a workstation on the course preferably beside the Judging panel and with heat for the electronics.
5. The Chief of Scoring is an important role and requires assistants and runners that can keep scoring accurate and keep the event flowing. If scoring goes down, then the whole event is affected.

## **Team Leaders Meeting**

1. The time of the first team leaders meeting must be shown in the invitation itinerary. The invitations for all other meetings have to be delivered to the team leaders at their first meeting.
2. The jury may ask for input from coaches and judges at the team leaders meeting. Coaches do not have the ability to vote unless requested by the jury.
3. The event draw will be presented for the next day of competition at the team leaders meeting.
  - a. Head Coaches are responsible for confirming athlete participation before the team leaders meeting commences.
  - b. Once the start list is generated there is a 15-minute window open for approval.
    - i. If an athlete was confirmed by their head coach and not added to the official start list the list will be regenerated within the 15-minute window.
    - ii. After the list is approved athletes can be added to the start of their respective age category at the jury's discretion.

## **Competition Rules**

1. Freestyle BC has adopted superseding rules and regulations for the BC Timber Tour, which is outlined in this document. In other circumstances the Canada Cup Guidelines shall first apply, and then FIS Rules.
  - a. In the case where Freestyle BC rules conflict with Canada Cup, FIS or AFP rules, the Freestyle BC rules supersede all other rules in the BC Freestyle Timber Tour.
2. Athletes must be ready when called to the start gate. No window for preparation is available to athletes.

- a. Athletes that are late for their run may be given a provisional run at the jury's discretion.
3. In the case of a loss of equipment, the competitor is allowed ten (10) seconds to retrieve it.
  - a. If the competitor has not resumed his/her run after the ten seconds has elapsed the run will be judged to that point.
4. Competitors must come to a controlled complete stop in the finish area in each event. Failure to do so will result in a DNF (Did not Finish) result.
5. All competitors must wear a helmet when training or in competition.
  - a. A mouth guard is highly recommended but not mandatory.

## **Results**

1. The chief of scoring will be a certified scorer through the Freestyle Canada training process, or designated mentee approved by Freestyle BC.
2. Scores taken by the chief of scoring shall be considered unofficial scores. Whenever possible, unofficial scores should be announced to the public over loudspeakers and posted in a public area near scoring for viewing.
3. The results are made official following an inspection by the Chief of Scoring, the Technical Delegate and the Head Judge, and by the application of their signatures, ideally within 1 hour of the completion of the competition.
  - a. Best practice is to have results available for coaches to review prior to being made official. This is not a requirement.
4. The competition organizing committee is responsible for posting results in the competition office.
5. Results must be sent to [info@freestylebc.ski](mailto:info@freestylebc.ski) once official.
  - a. Official results will be available here: <https://freestylebc.ski/results/>
6. Freestyle BC will maintain the overall athlete ranking for the provincial best of series and overall Grand Prix.
  - a. Freestyle BC will strive to make the overall Freestyle BC ranking list available to club head coaches within one week of the event.

## **Awards and Prizing**

1. Freestyle BC will provide medals to the organizing committee.
  - a. Medals are awarded for first, second and third in the recognized event age and gender categories.
  - b. The BC Overall Champions will be awarded at BC Championships.
2. The event organizers may supply additional prizing and awards.



## Freestyle BC Slopestyle Guidelines “Best Practice”

All LOC's are expected to provide a course accessible to a wide range of skier abilities for Timber Tour Slopestyle events. To do this, LOC's should focus on designing a minimum of 2 lanes for competition. One lane is to be designed for the top tier athletes; this would include jumps of 35' – 50' and “L” and “XL” label rails. The other lane should have jumps 10' – 20' with “S” or “M” box features; all features MUST be “ride on” so any athlete new to the Timber Tour level can participate in the competition.

### Example of “L” and “XL”



### Examples of “M” and “S”



Please refer to Freestyle Canada for full list of Terrain Guidelines.



---

## COVID Protocol

1. Each participating team must designate 1 contact person for the LOC. This representative can be a coach/chaperone etc. that can pick up race information, bibs and key communication for the event including any COVID updates/reports from the team.
2. The LOC will separate the participants into groups of 50 or less and keep them in their own cohort for the duration of the competition. Each cohort could arrive to the venue separate from the other cohorts and ski within the fenced in area without ever coming in contact with other Cohorts. The LOC will keep teams together in the same cohort.
3. In addition to the 2-3 cohorts of athletes, coaches there would be another cohort of volunteers/officials under 50 that will remain separated from the other competition cohorts
4. With proper scheduling each cohort will have its own time/space on the venue. The cohorts will never overlap and at any given time the venue will not have more than 50 patrons on it.
5. In addition to the cohorts/teams that travel, and house together will be considered “hubs” and would be permitted to gather at the finish and start areas but will maintain physical distancing and wear facemasks as much as possible.
6. Fencing and physical barriers will ensure that cohorts do not cross into the same spaces.
7. In between each cohort event all touch surfaces would be cleaned and sanitized.
8. The judge panel will be reduced from 7 to 5 in order to maintain 2m spaces between the judges.
9. Judges will be in facemasks, be separated by barriers and will sanitize hands before and after touching a new surface.
10. Touch surfaces in the judge booth will be cleaned and sanitized regularly
11. Indoor spaces will be limited to a maximum to 10 people
12. All meetings will be virtual or held outdoors with physical spacing of 2 meters.
13. Registration will be online. By capturing the registration online, we will obtain all contact information of each participant for contact tracing purposes.
14. When in-person exchanges are needed (bib exchange) we will have appropriate physical barriers where necessary and teams will be scheduled to pick up their race packages separately to limit any indoor gathering of over 10.
15. The team’s representative will be the only person from that team allowed to verify registration, collect bibs for the team and speak in person to any of the OC maintaining physical distancing and wear a facial mask.
16. LOC will inform all teams of the COVID representative and their contact details.
17. Participants must download the BC COVID 19 Support App and complete the daily Self-Assessment before exiting outside their residence.

18. If any team member is reporting any symptoms of COVID 19 they will be required to self-isolate and will not be permitted at any competition venue.
19. The Event Organizer will have direct contact to local health authorities to assist teams and other participants to immediate medical care as well as access to Covid-19 testing if required and be aware of the local Covid-19 regulations.

### **Reporting Policy In Case of Participants Illness**

1. Participant experiences Covid-19 symptoms, or feels otherwise ill with related symptoms
2. Participant (personally or through team captain/medical personnel) to contact local medical care ASAP (e.g. Covid-19 hotline, as communicated by LOC) & Inform LOC Covid-19 Coordinator
3. Follow the instructions given by the local health authority (e.g. hotline) & Isolate the participant ASAP
4. If requested, the LOC COVID-19 Coordinator to assist with isolation (Under strict protection of identity of the participant)
5. Anyone within that “hub” of the symptomatic case must self-check for symptoms.
6. Inform LOC COVID-19 Coordinator of the test result (if test done)

### **If a test result returns positive for COVID-19, then:**

1. The LOC COVID representative is to be informed.
2. Further team/group members and others with previous close contact will not be permitted at the venue and may be required to self-isolate and get tested. Persons in close contact with a positive COVID need to be assessed by local health authorities.
3. Media communication only at the discretion of Freestyle BC.