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MOGUL TEAM SELECTION CRITERIA 2022-2023

UPDATED: 2022/23 Season

The Freestyle BC Mogul Team comprises the best provincial Freestyle Skiers representing BC in Provincial, National and International competitions. The goal of the provincial team program is to advance the skills of the athletes and to offer competitive opportunities in a team atmosphere to ultimately qualify the athlete for the Canadian National Team program.

There must be at least 6 interested athletes meeting a minimum skill level (MSL) to form a provincial team for any Freestyle discipline (Moguls, Aerials, Halfpipe, Big Air, and Slopestyle). A maximum team size will be decided based upon the number of eligible athletes and operation budget. The Freestyle BC Executive Director with input from the BC Team coaches and Freestyle BC High Performance Committee (HP Committee) will assess whether the athlete meets the minimum skill level to join the BC Team program.

TIMEFRAME

- Team selection is normally for one calendar season (May to April)
- The BC Mogul Team Selection period: December 1st to April 30th inclusively.

ELIGIBILITY

To be eligible for selection to the BC Team Mogul Program an athlete must:

- Have an active membership with Freestyle Canada indicating that they are part of a Freestyle BC registered club.
- Be registered in a Freestyle BC club program; or be registered to the BC Freestyle Ski Team.
- Have no outstanding debt with Freestyle BC or a Freestyle BC registered club.



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SELECTION METHOD

Selection of Mogul athletes to the BC Team will be based on the BC Mogul ranking list. All athletes eligible for selection will be ranked using their 4 highest ranking events. Selections will normally be based on the just concluded season. All team selections are for a one-year period only.

The BC Mogul ranking list will be calculated using the relative point average (RPA) method. A minimum RPA score of 2500 will be used to initially select athletes to the BC Mogul Team. This is aligned with our [CSI Athlete Nomination Criteria](#) for Provincial Development Level 1 athletes. An athlete's score is compared to the overall winner. The table of eligible events and the corresponding weights can be found in the appendix.

The Selection Committee reserves the right to select athletes based on Special Rankings considerations or Extraordinary circumstance clause. The Freestyle BC HP Committee, with input from the BC Team Head Coaches, reviews all matters related to selection. The Freestyle BC Executive Director will be a member of this Committee and hold final decision.

Freestyle BC values gender equity and aims to maintain representation between Male and Female as a percentage of the membership field. The 2021/2022 Memberships were on average 30% Female and 70% Male. For example, gender equity in a team of 10 athletes will be 7 males and 3 females. The Freestyle BC HP Committee, with input from the BC Team Head Coaches, will determine the minimum performance level for the BC Freestyle Ski Team. If a gender ranking list does not fill the full quota based on the minimum performance level the unused spots will be transferred to the other gender.

Athletes current skill level relative to their point in the Long-Term Development (LTD) pathway, Freestyle Canada Gold Medal Profiles, and CSI Pacific Athlete Nomination Criteria will be strongly considered in the selection process.

- An overview of the LTD benchmarks can be found in Sport For Life's [Long-Term Development In Sport and Physical Activity 3.0](#).
- Detailed [Gold Medal Profiles](#) for all Freestyle Skiing disciplines can be found on Freestyle Canada's website.
- The [Canadian Sport Institute Pacific and Freestyle BC Athlete and Coach Nomination Criteria](#) can be found on the FBC Content Portal.



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SELECTION PROCESS

The selection of athletes to participate in the BC Freestyle Ski Team is the responsibility of the Executive Director, acting on the recommendations of the Freestyle BC High Performance Committee (HP Committee). The Executive Director may overrule any decision of the Freestyle BC High Performance Committee.

All revisions to BC Team Selection documents shall, unless otherwise specifically indicated, come into effect immediately upon their ratification by Executive Director of Freestyle BC.

Within 21 days of the completion of the season:

1. The HP Committee reviews the initial ranking list and determines if there are any Special Ranking Considerations (see Appendix).
2. Eligible athletes are identified and ranked for nominations.
3. Athletes who would qualify for Extraordinary Circumstances (i.e. Injury, etc.) are identified and ranked appropriately.
4. Nominated athletes will be officially notified, having a period of 10 days to accept or decline selection.

OUT OF PROVINCE ATHLETES

Out of province athletes may be considered for selection to BC Team if:

- The considered athlete provides an address of residence in BC by Sept. 1st prior to the next competition season.
- If team spot allocations have not been exhausted following selection of all BC athletes that have met the required minimum skill level for BC Team as well as the selection of coach discretionary athletes, out of province athletes may be considered for remaining spots based on National Team rankings.
- If the out of province athlete will improve the daily training environment for current BC Team athletes.

APPEALS

An appeal of any decision of the HP Committee may be made by any Freestyle BC member in good standing. Appeals must be conducted in accordance with the Appeals Policy established by Freestyle BC.

GENERAL

Issues not otherwise covered by this document are subject to the decision of the Executive Director of Freestyle BC, in consultation with the HP Committee.



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Appendix 1

ELIGIBLE EVENTS AND WEIGHTING

EVENT WEIGHT

BC Winter Games 50%	BC Timber Tour 65%	Canadian Series 75%
Junior Nationals 75%	Senior Nationals 90%	Canada Winter Games 75%
NorAm Cup 90%	Canadian Selections 85%	Junior World Champs 95%

RELATIVE POINT AVERAGE (RPA) METHOD

Relative point average (RPA) is the basis for ranking BC athletes in Moguls, RPA is determined by calculating the athlete's score relative to the top score of the event.

For example: The best score of a mogul run is 24.6. This score results in a RPA of 1000. The next best score is 23.1. Applying the RPA formula: $23.1 / 24.6 = 0.939$ or a RPA of 939. The resulting RPA score is then multiplied by the event weighting to determine the athlete's final score for the event. Once all scores are converted to RPA they are ranked from highest to lowest.

Athletes will only be allowed to use 1 RPA score from each competition. RPA calculations will automatically use the higher RPA from a competition.



Appendix 2

SPECIAL RANKING CONSIDERATIONS

The Freestyle BC HP Committee may in some cases choose to select athletes out of the initial ranking order. In such cases the committee must record in detail the reasons for its decisions. These reasons must support the program goals outlined at the beginning of this document. Special Ranking Considerations include, but are not limited to the following examples:

- An athlete who is showing excellent results and increasing their performance results may be moved higher than their calculated ranking.
- An athlete who shows excellent physical characteristics and/or technical capability; may be moved higher than their calculated ranking. (Rational: in some stages of development an athlete may focus on training and not perform as well at competition.)
- An athlete who might have demonstrated high achievement of KPIs/benchmarks but may not have a competition ranking reflective of their ability.
- An athlete who has had opportunities and is not advancing towards the program goal may move lower than their calculated ranking.
- When there is a relatively narrow point spread between two athletes, there is greater chance of “out of order” selection.
- An athlete with strong work ethic and commitment to training opportunities may move ahead of an athlete who has not demonstrated these traits.
- Athletes who have reached major event podiums in recent years.

SCORE ANOMALY

In some circumstances, there are 3 to 4 counting events on the same course within a short time frame, often with all events judged by the same panel. This scenario may warrant an out of order selection.



Appendix 3

EXTRAORDINARY CIRCUMSTANCES

Extraordinary circumstances include, but are not limited to circumstances such as injury, death in the family.

The HP Committee will nominate athletes they feel do qualify under this clause if:

- An athlete misses an entire season due to health-related curtailment of activities the selection period will be extended backwards to a maximum of one season.
- An athlete misses a portion of the competition season due to health-related curtailment of activities; the selection period will be extended backwards.
- The Selection Committee has the discretion to make exceptions to injury clause for special cases. This may include expanding the backwards extension of the selection period, or other adjustments to meet the special case.
- Freestyle BC may, at any time, require an athlete who is unable to participate in training or competition due to injury, to obtain a medical assessment from a team physician. The purpose of the medical assessment is to confirm the degree of the athlete's injury and the anticipated time of the athlete's recovery.
- The Selection Committee, with input from medical experts, may prevent an athlete from entering the event if the pace of the athlete's rehabilitation from injury warrants doing so.

Canadian Sport Institute Benchmarks

As per the [2022-2023-BC-Freestyle-CSI-Pacific-Nomination-Criteria](#), prospective athletes for the BC Mogul Team must satisfy the following criteria:

Physical Benchmarks:

Skills	Female Standard	Male Standard
Beep Test	Stage 8	Stage 10.5
Squat Jump	24 cm	38cm
Counter Movement Jump	25 cm	40cm

Fitness

- Introduce speed-strength/muscular power training (plyometric, explosive exercises)
- Work on sport specific strength, agility, quickness, balance, coordination and flexibility
High intensity interval training
- Continue bi-annual field-based fitness testing and introduce laboratory fitness tests if possible (wingate, Incremental lactate, body composition)



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Skill-Based Benchmarks:

Skills	Female Standard	Male Standard
Ski	Introduced to competition tactics in moguls, introduced to and developed multiple methods of speed control, ski line in moguls, ability to ski @ 8.2m/sec in moguls	Introduced to competition tactics in moguls, introduced to and developed multiple methods of speed control, ski line in moguls, ability to ski @ 9.7m/sec in moguls
Trampoline Acrobatic Skills	On-axis forward: barani, rudi On-axis backward: back full Off-axis: cork 7 with safety onto a mat	On-axis forward: rudi, randi On-axis backward: back double full Off-axis: cork 1080
Water Ramp Acrobatic Skills	Training inverts with intro to off-axis, 360 with position/grab, cork 720, back with position/grabs, front with position/grabs	Training all twisting inverts and off-axis up to 1 full twist and introduced double twists

Talent Identification and Competition Simulation

Given the opportunity with eased travel restrictions, a talent identification camp(s) with competition simulations may be used by FBC coaching staff to select prospective athletes.

Coach Discretion

FBC coaching staff, with the support of the FBC High Performance Committee, will be granted coach discretion and an opportunity to exercise judgement and choice in coming to a decision regarding team selection.