

TIMBER TOUR + SUPER YOUTH

EVENT GUIDELINES and RULES.



**FREESTYLE
BC** 



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Overview

The following document is a guide for the BC Timber Tour Series of Freestyle Skiing events. Freestyle BC in partnership with BC registered clubs offer the BC Timber Tour to provide a meaningful competitive experience for athletes in the learn to train (L2T) and train to train (T2T) stage of the long-term athlete development (LTAD) model.

In partnership with Freestyle Canada, Sport For Life, and the Coaching Association of Canada, Freestyle BC will continue to develop and support the implementation of grassroots programs and events that are relevant, vibrant and engaging for athletes in the L2T and T2T stages of development. The BC Timber Tour aims to increase participation, develop athletes through meaningful competitive experiences, recruit and develop officials and further develop coaches.

Freestyle BC remains committed to implementing standards for the development of acrobatic/air skills, to training coaches, and providing standards for competition and training facilities as the pillars of excellence and athlete safety.

Freestyle BC is unwavering in its commitment to gender equity and inclusion, supporting all British Columbians regardless of age, gender, language, culture, ability, or socioeconomic status. Our official stance involves setting targets to boost female participation in sports and sports leadership, ensuring equitable representation, recognition, and service across all aspects of our organization.

In line with this commitment, we actively work to create opportunities for female athletes to engage in sports, fostering an environment that is safe and welcoming. Our goal is to level the playing field, enhance the female athlete skiing experience, and encourage sustained involvement in a secure and inclusive setting. We achieve this through dedicated coach development, progressive training programs, and positive competition experiences.

As part of our ongoing initiatives, we review and refine our current programs and services, taking proactive measures to address gender imbalances. Furthermore, we actively promote pathways and support systems to encourage more female participation in coaching and officiating roles within our community. Freestyle BC is dedicated to leaving a lasting positive impact on the sports sector, ensuring that everyone, regardless of gender or identity, has an equal opportunity to contribute and thrive in all aspects of our association.

Freestyle BC aims to grow and continually improve support to local clubs and organizing committees. The Freestyle BC Events Committee aims to support freestyle skiing events and further develop the sport in the province of BC. The committee will have the ability to amend rules and regulations outlined in this document on an ongoing basis with the mandate to improve and develop the BC Timber Tour event series.

Responsibilities

- 1.The Freestyle BC Competition Events Committee oversees the development of the rules and regulations, operating procedures, fees and allocation of events.
- 2.The Freestyle BC Board of Directors must approve rules, event structure and fee changes.
- 3.The Freestyle BC Events Committee is responsible to ensure the Timber Tour series of events aligns with the learn-to-train and train-to-train objectives of the LTAD.
- 4.The Freestyle BC Events Committee will work in collaboration with the local organizing committees (LOC) to develop viable budgets for every event.
- 5.Financial responsibilities of each party shall be outlined in a memorandum of understanding, which will be signed by both parties. – See appendices for example.
- 6.In general, Freestyle BC shall assign the Jury and Judges at the Timber Tour level.
- 7.The LOC will be responsible for operating their specific Timber Tour events.
- 8.The LOC, supported by Freestyle BC, will verify that all participants (Athletes, Coaches, Officials and Volunteers) have a current and valid membership with Freestyle BC in order to meet the event sanctioning and insurance requirements.
- 9.The LOC will verify that all required Volunteers and local officials have a valid police record check.
 - a.Volunteers and Officials in a position where they may have direct athlete contact are required to have a valid criminal record check.

Format

- 1.The BC Timber Tour is a provincial series of Freestyle Skiing events.
- 2.Events are aimed at athletes in the Learn-to-Train and Train-to-Train stages of Freestyle Canada's long-term athlete development model.
- 3.Freestyle BC sanctions the BC Timber Tour series.
- 4.LOC's are appointed by the Host Club and approved by Freestyle BC provided they are in good standing with the NSO and PSO.
- 5.The BC Timber Tour aims to have a minimum of three stops each season with a primary focus on the Olympic disciplines of Moguls and Slopestyle. Events may also include an additional discipline: Big Air, Dual Moguls, or Halfpipe.
- 6.The Freestyle BC Events Committee oversees the Timber Tour series of events and will have the ability to have the final decision on any matters related to the Timber Tour series of events.
- 7.Freestyle BC has adopted superseding rules and regulations for the BC Timber Tour, which is outlined in this document. In all other circumstances the Canada Cup Guidelines shall first apply, and then the FIS Rules.
- 8.All BC Timber Tour competitions will use the standard Freestyle Canada age categories breakdown. Age is determined as of January 1st of the competition season (i.e. November 1, 2020 to April 30, 2021 ski season has ages calculated as of January 1, 2021):
 - a.U14 (Ages 12 – 13) – Male and Female
 - b.U16 (Ages 14 – 15) – Male and Female
 - c.U18 (Ages 16 – 17) – Male and Female
 - d.18+ Masters (Ages 18 – 20) – Male and Female

General Guidelines

Our safety guidelines follow the International Ski Competition Rules (ICR).

The following Timber rules are adaptations for this level of competition.

Emergency Action Plan (EAP) and First Responders (Ski Patrol) (See Appendix for example)

All LOC's must complete and submit an Emergency Action Plan to Freestyle BC, at minimum, 14 days prior to the start of unofficial training for their event.

The Emergency Action Plan must have the following information:

- 1.Name of Lead Ski Patrol
- 2.Competition venue medical services, including number and location of Ski Patrol and appropriate medical equipment.
- 3.On-site accident response protocols.
- 4.Transportation protocols for patient transport to a medical facility, including ground and air ambulance transport (if necessary).
- 5.Location of nearest Hospital and Level 1 Trauma Centre.
- 6.Location, distance and drive time of all Medical Facilities in relation to Host Mountain
- 7.The LOC and Host Resort shall provide a minimum of 2 Ski Patrollers on competition sites at all times; this includes training and competition days. If an Athlete is injured and if both Ski Patrollers are required to escort the Athlete off the course, the Competition must not resume until 2 Ski Patrollers have returned to the top of the course.

Unofficial Training

- 1.Unofficial training entails using a competition venue that is open to the public. Competitors enter the venue at their own risk. Emergency action plans are the responsibility of the Athletes and the Coaches.

Official Training

- 1.Each Timber Tour Event must provide at least one day of Official training
- 2.During this time, competition course rules apply.
- 3.Courses must be closed to public use.
- 4.Patrol along with all relevant safety equipment (toboggan etc.) must be present
- 5.Knoll Masters and Course Officials must be in position with radio communication to ensure athlete safety
- 6.Competitor Bibs must be worn.

Slopestyle Knoll Master Risk Management Protocol

A Knoll Master or Spotter is an important position that is responsible for opening and closing Slopestyle jumps so that Athletes who are entering jumps are notified when the landing is NOT clear.

- 1.A Knoll Master must be positioned on the Knuckle of the jump with clear visibility of the landing and visible to the Athlete entering the take-off.
- 2.The Knoll Master must have a flagging device and, in the event of a closure, must wave the flag to notify the Athletes entering the feature. This indicates that the jump is closed.
- 3.Athletes are trained to see closures from the knuckle and if the flag is waving it is the Athlete's responsibility to cancel their entry.
- 4.The first priority of the Knoll Master is to shut down their jump for the safety of the Athletes. The second priority is to notify the Course Controllers (Starter and other Knoll Masters) that their jump is closed.
- 5.Knoll Master Protocol is to be discussed at the Team Leaders meeting prior to official training.

Freestyle BC Slopestyle Guidelines “Best Practice”

All LOC's are expected to provide a course accessible to a wide range of skier abilities for Timber Tour Slopestyle events. To do this, LOC's should focus on designing a minimum of 2 lanes for competition. One lane is to be designed for the top tier Athletes; this would include jumps of 35' – 50' and “L” and “XL” rail features.

The other lane should have jumps 10' – 20' with “S” or “M” box features; all features MUST be “ride on” so any Athlete new to the Timber Tour level can participate in the competition.

Incorporating ‘side-car’ jumps into slopestyle courses has become common practice as they provide XL and L (or S and M) jump options on the same jump platform. Therefore allowing Athletes to perform tricks on jumps most suited to their abilities.

It is recommended that the LOC work closely with Freestyle BC and their resort's Terrain Park Manager throughout the planning stage to ensure the resort understands the course requirements in advance to avoid any last minute course changes.

For further details on course building, jump sizes and stage-appropriate features, please refer to the Terrain Guidelines resources available from Freestyle BC and Freestyle Canada.

Examples of 'L' and 'XL' features.



Examples of 'S' and 'M' features.



Scheduling

1. Freestyle BC will work with local organizing committees to determine the schedule of events.
2. Freestyle BC may go through a bid process to determine the location of events if necessary.
3. Local organizing committees interested in hosting a BC Timber Tour should submit a bid application to Freestyle BC. Freestyle BC will aim to open the bidding period by June 1st.
 - a. Plan ahead! Gaining the experience and knowledge required to host events can take time. Consider arranging for Board Members, Volunteers, Parents, and even ex-athletes to shadow various positions at other events the season before you wish to host. These people can go on to play valuable roles at your own events!
4. Final schedule confirmation for the following season will be determined no later than October 31st.
5. Competitions should not conflict with National or International events in the same geographic region at the same time. All efforts shall be made to resolve scheduling conflicts to ensure the BC event schedule is optimised to allow for the participation of the BC Freestyle Ski Team.
6. The BC Timber Tour event schedule will be posted at <https://freestylebc.ski/>

Competition Eligibility

1. BC Timber Tour competitions are open to all athletes demonstrating the minimum skills recommended by their certified Freestyle Canada coach.
2. All Timber Tour participants must be members in good standing with Freestyle BC.
3. Athletes must have a minimum of a Provincial Athlete license.
4. All Officials, Coaches and Volunteers must have the appropriate licence(s) for this event level and (for those in a position where it is required) a valid Police record check.
5. The LOC of any event has the right to refuse registration or participation in an event to anyone who appears to be under the influence of drugs or alcohol.
6. Athletes residing in provinces other than BC are permitted to compete at the BC Timber Tour, provided an opportunity is not taken away from a Freestyle BC athlete.
7. Athletes who reside in BC and have represented Provinces other than BC at National or International events must have their entry approved by the Freestyle BC High-Performance Committee.
8. International athletes may be permitted to compete at the BC Timber Tour provided that an opportunity is not taken away from a Freestyle BC athlete and that they are a member in good standing with a sanctioned freestyle club in British Columbia at the time of the competition.
9. Athletes under the age of 12 may be permitted to enter the BC Timber Tour provided;
 - a. The athlete has a written request from their Canadian Freestyle certified Coach stating the Athlete demonstrates the desire and skill to compete at a Timber Tour event.
 - b. The Coach presents the Athlete's request to the Technical Delegate for approval at the first Team Leaders' meeting.
 - c. If approved, the Athlete will compete in the U14 age category.
 - d. Athletes who are accepted early into the BC Timber Tour may not return to competition in the Super Youth Freestyle Challenge event for the duration of the current ski season.
10. All Athletes in all disciplines will only be permitted to perform inverted manoeuvres that have been qualified under the Freestyle Canada aerial pathway.
 - a. An Athlete performing an unqualified inverted manoeuvre in training or competition will result in immediate disqualification.
 - b. The Technical Delegate is permitted to check any and all aerial qualifications at any time.
 - i. Coaches can present an aerial passport, aerial qualification form or the Freestyle Canada aerial qualification database as proof of qualification.

Event Invitations

1. Invitations to participate in Timber Tour competitions must be circulated by the Event Organizers to FBC member clubs a minimum of 60 days before the competition date.
2. Invitation templates can be obtained from Freestyle BC Events Manager.
3. The invitation must include the following:
 - a. Competition format and schedule
 - b. Competition office hours and location
 - c. Entry fee cost
 - d. Athlete lift ticket cost
 - e. Coach lift ticket cost and availability
 - f. Organising committee contact details
 - g. Accommodation availability
 - h. Location and time of the first Team Leaders meeting

Registration

1. Registration must be completed using Snowreg via freestylebc.ski for all Timber Tour events.
2. General registration will be available online until 1 week prior to the start of official training.
 - a. The general registration fee will be \$215
 - b. The organizing committee can request a reduction in entry fees.
3. Athletes may be permitted to late-register online, if space is available, and upon the discretion of the Jury and the Events Manager.
 - a. The late-registration fee will be \$250
4. Athletes must have a minimum of a Provincial Athlete license to be able to register.

Fees

1. As outlined in the MOU between the LOC and PSO, Freestyle BC will hold all entry fees to offset certain expenses relating to each Timber Tour (Officials, Judges, Snowreg fees etc.)
 - a. The remaining revenue shall be split 50/50 between LOC and PSO.
 - b. If needed, the LOC can request a percentage of the budgeted revenue in advance of the event start date to cover 'upfront costs'. This amount will be subtracted from their 50% of net revenue.

Refunds

- 1.The LOC and FBC have the ability to adapt or modify the standard refund policy.
- 2.Refunds (less trans. fees) may be provided up to 72 hours before the first Team Leaders meeting.

Refunds due to event cancellation:

- 1.If an event is cancelled due to weather or exceptional circumstances no refunds will be provided.
(The organizing committee has already incurred costs for the event)

Refund due to injury:

- 1.A registered athlete who withdraws from the entire event after registration closes and before the generation of the start list will receive a refund of 50% of their entry fee.
- 2.Athletes who appear on the official start list for an event WILL NOT be given a refund.
- 3.No refunds will be given without a written request received no later than 7 days after the completion of the last event day.
- 4.Snowreg transaction fees are fixed and cannot be refunded under any circumstances.
- 5.Refunds will be issued electronically and could take up to 30 days to be processed.
- 6.Refunds will not be issued on-site.
- 7.Requests for refunds for other extraordinary circumstances shall be considered at the discretion of the Organising Committee.

Event Bibs

- 1.Athletes will be assigned a single bib for the duration of the competition season.
 - a.Athletes will continue with the same bib number for each BC Timber Tour event that season.
- 2.Athletes are required to purchase their bib when registering for their first Timber Tour.
- 3.Bibs will be available for a one-time cost of \$45.
 - a.A limited quantity of replacement bibs will be available.
 - i.First bib replacement: \$45
 - ii.Second bib replacement: \$50
 - iii.Additional bib replacements come at a cost of \$55 if supplies are available.
- 4.Bibs are the official property of Freestyle BC and cannot be modified or altered.
- 5.Athletes must wear their assigned bib for all official training and competitions.
- 6.Athletes must wear their assigned bib when being recognized at the awards ceremony.
- 7.Bibs can be picked up at the competition office when the athlete checks in.
- 8.Athletes are welcome to keep their bibs at the end of the competition season.

Competition Rules

- 1.Freestyle BC has adopted superseding rules and regulations for the BC Timber Tour (outlined in this document). In other circumstances the Canada Cup Guidelines shall first apply, and then FIS Rules.
 - a.In the case where Freestyle BC rules conflict with Canada Cup or FIS rules, the Freestyle BC rules supersede all other rules.
- 2.Athletes must be ready when called to the start gate. No window for preparation is available to Athletes.
- 3.Athletes who are late for their run may be given a provisional run at the Jury's discretion.
- 4.In the case of a loss of equipment, the Competitor is allowed ten (10) seconds to retrieve it.
 - a.If the Competitor has not resumed his/her run after the ten seconds has elapsed the run will be judged to that point.
- 5.Competitors must come to a controlled complete stop in the finish area in each event. Failure to do so will result in a DNF (Did not Finish) result.
- 6.All Competitors must wear a helmet when training and in competition.
 - a.A mouthguard is highly recommended but not mandatory.



Team Leaders Meeting

- 1.The time of the first Team Leaders meeting must be shown in the invitation itinerary.
- 2.The invitations for all other meetings have to be delivered to the Team Leaders at their first meeting.
- 3.The Jury may ask for input from Coaches and Judges at the Team Leaders meeting - Coaches do not have the ability to vote unless requested by the Jury.
- 4.The event draw will be presented for the next day of competition at the Team Leaders meeting.
 - a.Head Coaches are responsible for confirming Athlete participation before the Team Leaders meeting commences.
 - b.Head Coaches must verify age and gender categories for all relevant Athletes.
 - c.Once the start list is generated there is a 15-minute window open for approval.
 - i.If an Athlete was confirmed by their Head Coach and not added to the official start list the list will be regenerated within the 15-minute window.
 - ii.After the list is approved Athletes can be added to the start of their respective age category at the Jury's discretion.

Competition Format

Moguls

- 1.Best of two-run format. All Athletes will receive two scored runs with no reduction in field size or a final cut.
- 2.Results from the best of the 2 runs will determine the winners of the event.
- 3.The start order is determined by the Chief of Competition and presented at the Team Leaders Meeting.. Below is an example of a common start order:
 - a.F-1, M-1, F-2, M-2 two runs
 - b.F-4, M-4, F-3, M-3 two runs
- 4.The Jury has the ability to adjust the start order.
- 5.The second run is started in the same order as the first.
- 6.Pace time is a calculated value for Men's and Women's competitions. To calculate the pace time for a specific course, take the length of the course in meters and divide by the pace speed in m/sec
 - a.The pace speed will be 80% of the FIS World Cup pace speed. i.e. if the current FIS pace speed is 8.3 m/sec for Women and 9.7 m/sec for Men. Timber Tour pace speed for moguls would be 6.64 m/sec for Women and 7.76 m/sec for Men. A 220m course would have a pace set time of 33.13 seconds for Women and 28.35 seconds for Men.
- 7.The Jury has the power to adjust formats, reduce the number of runs and/or limit the number of participants if deemed necessary, for example due to poor weather conditions, low light etc.
- 8.Should participant numbers have to be limited, Athletes who registered first will have priority.

Dual Moguls

- 1.A single ladder will be used with initial seeding based on the single mogul ranking from the current event. Should results from the current event be unavailable, results from a single mogul event from the previous Timber Tour stop can be used. This is not mandatory.
 - a.Athletes who did not attend the previous Timber Tour stop will be given a zero score for seeding.
- 2.Duals will be completed for large and small finals (i.e. 1st through 8th position).
- 3.Every effort should be made to run categories with the largest field first with the goal to run the round of 8 in the order: F-4, M-4, F-3, M-3, F-2, M-2, F-1, M-1

Big Air

1. Athlete field of > 60 = Two jumps – best of two.
2. Athlete field of < 60 = Three jumps – best of three.
3. The start order is determined by the Chief of Competition and presented at the Team Leaders Meeting.
4. Athletes will be run by category based on age and gender.
5. Each category will be judged independently.
6. Repeat jumps accepted.
7. Athletes will call their jumps, no penalties for jump deviation during execution.
8. Events should follow the current judging format of relative rank with no degree of difficulty multipliers.

Slopestyle

1. Best of two-run format. All athletes will receive two scored runs with no reduction in field size or a final cut.
2. The start order is determined by the Chief of Competition and presented at the Team Leaders Meeting.. Below is an example of a common start order:
 - a. F-1, M-1, F-2, M-2 two runs
 - b. F-4, M-4, F-3, M-3 two runs
3. The Jury has the ability to adjust the start order.
4. Athletes must be run by category based on age and gender.
5. Each category will be judged independently.
6. The second run is started in the same order as the first.
7. Results from the best of 2 runs will determine the winners of the event.
8. The Jury has the power to adjust formats, reduce the number of runs and/or limit the number of participants if deemed necessary, for example due to poor weather conditions, low light etc.
9. Should participant numbers have to be limited, athletes that registered first will have priority.
10. Athletes should be using the lane that will allow them to execute their best skills

Halfpipe

1. Best of two run format. All athletes will receive two scored runs with no reduction in field size or a final cut.
2. The start order is determined by the Chief of Competition and presented at the Team Leaders Meeting.. Below is an example of a common start order:
 - a. F-1, M-1, F-2, M-2 two runs
 - b. F-4, M-4, F-3, M-3 two runs
3. The Jury has the ability to adjust the start order.
4. Athletes must be run by category based on age and gender.
5. Each category will be judged independently.
6. The second run is started in the same order as the first.
7. Results from the best of 2 runs will determine the winners of the event.
8. The Jury has the power to adjust formats, reduce the number of runs and/or limit the number of participants if deemed necessary, for example due to poor weather conditions, low light etc.
9. Should participant numbers have to be limited, athletes that registered first will have priority.

Jury and Officials

1. The Jury shall consist of 3 people: Technical Delegate (TD), Chief of Competition (CC), and Head Judge (HJ).
 - a. The TD's will be appointed by Freestyle BC and must be recognised by Freestyle Canada as a Provincial Level TD.
 - b. The TD's role is to verify that the course(s) are safe and meet specifications.
 - c. It is helpful (although not required) for the LOC to provide the TD with course stats (course length, jump angles, chop length and size, SS overall length and layout.) when they arrive.
 - d. To prevent the "perception of bias" the TD shall not be from the Host Club where possible.
 - e. Chief of Competition is the leader of the Organizing Committee and sits on the Jury to ensure event operations run smoothly. This position requires a strong understanding of the entire operation, keen interpersonal skills and should be an experienced Official. Their role is to oversee the other Chiefs and key event people, help identify needs and tasks, collaborate on solutions, and delegate tasks to ensure they get done.
 - f. The Chief of Course is a key member of the technical team. Any person in charge of course management and development must have significant experience in building courses.
 - g. The Moguls Chief of Course must work closely with visiting provincial and local Coaches to prepare and maintain the air jumps and landings.
 - h. The Slopestyle Chief of Course must work with the local Terrain Park Manager and the FBC Events Manager to ensure the terrain is appropriate to accommodate the number of features and skill level of athletes at least one month prior. Often this is a collaborative effort.
2. The Chief of Competition and/or Slopestyle Chief of Course must report if there are challenges with the course to the LOC and PSO, ASAP!
3. The builder of the Slopestyle, Halfpipe, and Air venues MUST communicate with Freestyle BC, and the Chief of Course at least one month prior to the event that the course meets the standards for all L2T and T2T athletes.
4. The LOC can make an appeal to the Freestyle BC Events Committee if they are not able to find major Officials from different regions.
5. The Jury for a competition will meet at least once before the first Team Leaders meeting.
6. The Jury must also meet once before official training in order to do an official course inspection.
7. The Technical Delegate will act as Chairman in all meetings of the Jury.
8. All members of the Jury must hold active major official memberships with Freestyle BC to meet the Freestyle Canada event sanctioning requirements.

Judges

1. The Freestyle BC Events Manager and Provincial Judge Director will manage assignments for Judges at the BC Timber Tour event stops.
 - a. The Freestyle BC Head Judge will work with the LOC to ensure that there are Judging Panels who are experienced while providing opportunities for Judge recruitment and development.
 - b. The Head Judge for the competition will be responsible for conducting a Judge meeting prior to the first Team Leaders' meeting. The Head Judge will be responsible for the coordination of the meeting.
 - c. The Head Judge or appointed representative of the Judges' Panel must attend the Team Leaders' meeting prior to the first day of competition.
 - d. The Head Judge should be at the competition one (1) day prior to the competition for course and stand inspection, to assist in setting up the judging stand, and to answer any questions from Coaches. The LOC will compensate the Head Judge for the training day (when present), and each day of the competition.
 - e. BC Timber Tour events must have a minimum of 6 Judges. 5 Scoring Judges and a Head Judge. An 8-judge Panel is recommended with 7 Scoring Judges and a Head Judge.
 - f. When the field size is over 60 participants the Judging Panel may be split to improve efficiency, at the discretion of the Head Judge and LOC.
2. Judges must have a current membership with Freestyle BC in order to meet the Freestyle Canada event-sanctioning requirements.
 - a. Head Judges should hold a major official license.
 - b. Scoring Judges must have a minimum associate-level membership to be eligible for the Timber Tour. "C" level certification is recommended.
3. The Head Judge will not be from the same region as the Chief of Competition.
 - a. The LOC can appeal to the Freestyle BC Events Committee to work through this requirement.

Scoring

1. An appropriately trained and capable Chief of Scoring will be assigned by Freestyle BC to support the event.
 - a. Timber Tour events will be scored using specific programs; World Cup Lite OR Winfree.
 - b. Chief of Scoring should be a paid position. Appropriate pay rates are outlined in the FBC 'Compensation Policy'.
2. Scorers are critical to the overall execution and success of the event. They are required to operate the scoring software, create start lists, organise heats, tabulate scores, and provide results.
3. Scorers usually begin to work on the event one week before the event starts. The PSO Event Manager will send a registration list sent to the Chief of Scoring 5 days before the first training day. The registration list must be in .CSV format.
4. The LOC must provide The Chief of Scoring with a quiet workspace with radio communication between Jury members (and Judge-assist if applicable). Access to a printer/photocopier and strong WIFI throughout the competition is also required.
5. The Chief of Scoring is an important role and requires assistants and runners that can maintain accuracy and keep the event flowing. If scoring goes down, then the whole event is affected.
6. The Scorer must send the scores in .pdf format to Freestyle BC as soon as possible after the event.
7. The Scorer is also responsible for ensuring all competing Athletes have the proper insurance.

Results

1. The Chief of Scoring will be a certified Scorer through the Freestyle Canada training process, or designated mentee approved by Freestyle BC.
2. Scores taken by the Chief of Scoring shall be considered unofficial scores. Whenever possible, unofficial scores should be announced to the Public over loudspeakers and posted in a public area near scoring for viewing.
3. The results are made official following an inspection by the Chief of Scoring, the Technical Delegate and the Head Judge, and by the application of their signatures, ideally within 1 hour of the completion of the competition.
 - a. Best practice is to have results available for Coaches to review prior to being made official. This is not a requirement.
 - b. All appeals must be brought forward within a reasonable time period.
4. The Local Organizing Committee is responsible for posting results in the Competition Office.
5. Results must be sent to info@freestylebc.ski once official.
 - a. Official results will be available here: <https://freestylebc.ski/results/>
6. Freestyle BC will maintain the overall Athlete ranking for the provincial Best of Series and overall Grand Prix.
 - a. Freestyle BC will strive to make the overall Freestyle BC ranking list available to club Head Coaches within one week of the event.

Awards and Prizing

1. Freestyle BC will provide medals/trophies to the Local Organizing Committee.
2. Medals are awarded for first, second and third in the recognised event age and gender categories.
3. The BC Overall Champions will be awarded at BC Championships.
4. The Local Organizing Committee and PSO may supply additional prizes and awards if available.

Post Event Review

As our sport of Freestyle Skiing evolves it is critical that our events grow and evolve alongside in order to meet the demand of our Athletes and continue to provide safe and relevant competition experiences that aid in the skill development of these Athletes. We can do this by constantly evaluating, identifying areas for growth and improvement and implementing plans to adjust our practices.

As such it is highly valuable to undergo an in-depth post-event review period. A review should ideally include the LOC, Host Resort and the Freestyle BC Events Committee and take place shortly after the end of the winter season.

Event reviews can provide useful information regarding past events, help identify wins and losses throughout the course of the event and provide opportunities to further improve operations for future events. This information can also support prospective host clubs in the following years.

SUPER YOUTH CHALLENGE

Guidelines and Rules

Overview

The following document is a guide for the BC Super Youth Challenge Series of Freestyle Skiing events.

Freestyle BC, in partnership with BC registered clubs offer the Super Youth Challenge to provide a meaningful introduction to the competitive experience for athletes in the learn-to-train (L2T) stage of the long-term athlete development (LTAD) model.

The BC Super Youth Challenge aims to increase participation, develop athletes through a meaningful competitive experience, and recruit and develop officials, judges and coaches.

Freestyle BC is unwavering in its commitment to gender equity and inclusion, supporting all British Columbians regardless of age, gender, language, culture, ability, or socioeconomic status. Our official stance involves setting targets to boost female participation in sports and sports leadership, ensuring equitable representation, recognition, and service across all aspects of our organization.

In line with this commitment, we actively work to create opportunities for female athletes to engage in sports, fostering an environment that is safe and welcoming. Our goal is to level the playing field, enhance the female athlete skiing experience, and encourage sustained involvement in a secure and inclusive setting. We achieve this through dedicated coach development, progressive training programs, and positive competition experiences.

As part of our ongoing initiatives, we review and refine our current programs and services, taking proactive measures to address gender imbalances. Furthermore, we actively promote pathways and support systems to encourage more female participation in coaching and officiating roles within our community. Freestyle BC is dedicated to leaving a lasting positive impact on the sports sector, ensuring that everyone, regardless of gender or identity, has an equal opportunity to contribute and thrive in all aspects of our association.

Freestyle BC aims to grow and continually improve its support to local clubs and organizing committees. The Freestyle BC Events Committee aims to support freestyle skiing events and further develop the sport in the Province of BC. The committee will have the ability to amend rules and regulations outlined in this document on an ongoing basis with the mandate to improve and develop the BC Super Youth Challenge event series.

Format

- 1.Events are aimed at athletes in the Learn to Train stage of Freestyle Canada's long-term athlete development model.
- 2.The events are focused on introducing athletes to competition and most importantly, FUN.
- 3.Local organizing committees (LOC) from local, Freestyle BC registered clubs will operate the BC Super Youth Challenge.
- 4.The Freestyle BC Events Committee oversees the Super Youth Challenge and has the ability to make final decisions on any matters related to the Super Youth Challenge series of events.
- 5.Freestyle BC has adopted superseding rules and regulations for the BC Super Youth Challenge, which are outlined in this document. In all other circumstances, the BC Timber Tour guidelines shall first apply.
- 6.All BC Super Youth Challenge competitions will use the standard Freestyle Canada age categories breakdown. Age is determined as of January 1st of the current competition season:
 - a.U8 (under 8 years old) – Male and Female
 - b.U10 (Ages 8 – 9) – Male and Female
 - c.U12 (Ages 10 – 11) – Male and Female
 - d.U14 (Ages 12 -13) – Male and Female
- 7.Super Youth Challenge athletes will be recognized and presented with medals at each event.
 - a.No overall ranking or ongoing series totals will be kept for Super Youth events.
 - b.Medals will be issued for athletes reaching the podium in each age category.
- 8.The event format can be modified to provide the best opportunity for athlete development and learning. The focus is a meaningful competitive experience, skill development and most importantly, FUN.
 - a.Implementing a fun event, unique to your club is encouraged
 - b.Examples include scavenger hunts (Hunt for Gnar), skills medley, or mountain skills challenge.
- 9.It is recommended that each LOC provide a minimum of 2 traditional event days (suggested Slopestyle and Moguls).

Competition Eligibility

- 1.BC Super Youth Challenge competitions are open to all athletes who demonstrate the minimum skills, recommended by the athletes' certified Freestyle Canada coach.
- 2.Athletes must be in a Freestyle Canada-recognized Fundamentalz, Girlstylerz or Freestylerz program.
- 3.All participants must be members in good standing with Freestyle BC.
- 4.Participants must have a minimum of a Club Athlete license.

Event Registration

- 1.Registration must be done online at freestylebc.ski for all Super Youth Challenge events.
- 2.Freestyle BC will advise all registered freestyle clubs of the registration open-date no later than 2 days prior to registration opening.
- 3.Online registration will be available until 72 hours before the start of the event.
 - a.Athletes may be permitted to late register, online, if space is available.
 - b.In-person, late registration at the event competition office is the decision of the competition office staff and Jury.
 - c.Late fees will apply for all late registrants
- 4.Entry fee maximum will be \$100.
- 5.The organising committee can reduce the entry fees at their discretion.

Event Fee Structure and Refunds

Event Fee Structure and Refunds are to be the same as outlined in the Timber Tour Event Guidelines. (See pages 8+9)

Event Bibs

- 1.Athletes must wear their assigned bib for all official training and competition.
- 2.Athletes must wear their assigned bib when being recognised at the awards ceremony.
- 3.Bibs are the official property of Freestyle BC and cannot be modified or altered.
- 4.Athletes will be assigned a new bib at each Super Youth stop.
- 5.Bibs will be assigned and distributed by the LOC.
- 6.Athlete bibs must be returned at the end of the event.
- 7.Any bib not returned will result in a \$20 charge being added to that athlete's Snowreg account.

Super Youth Challenge Event Rules

- Freestyle BC has adopted superseding rules and regulations for the BC Super Youth Challenge, which is outlined in this document. In all other circumstances, the BC Timber Tour guidelines shall first apply.
- Competitors must come to a controlled complete stop in the finish area in each event. Failure to do so will result in a DNF (Did Not Finish) result.
- All competitors must wear a helmet when training or in competition.
 - A mouthguard is highly recommended but not mandatory.

Judges

1. The Freestyle BC Head Judge will assign a Head Judge for each Super Youth Challenge event.
2. The assigned Head Judge will work with the PSO and LOC to recruit local judges for the Super Youth Challenge event.
3. BC Super Youth events must have a minimum of 4 judges. 3 scoring judges and 1 head judge.
4. Judging using a 'Dual-Panel' format is highly recommended whenever possible. This allows the events to run quickly, and smoothly and provides learning opportunities for new judges.
5. Dual-panel judging incorporates 6-panel judges (2 panels of 3) and 1 head judge.
6. Judges must have a current membership with Freestyle BC in order to meet the Freestyle Canada event-sanctioning requirements.
 - a. Head judges should hold a major official license.
 - b. Scoring judges must have a minimum Associate level membership.
7. Recruiting and developing judges is a priority for the Super Youth Challenge Series of events.
8. The head judge may select the panel to provide the best training environment possible.

Scoring

Moguls

1. Turns are worth 75% of the overall
 - a. 3 judges score out of 10 based on the following criteria;
 - i. Body Position
 - ii. Carving
 - iii. Absorption and Extension (Pressure Control)
 - iv. Fall Line
2. Air is worth 25% of the overall score.
 - a. 1 judge scores out of 10 based on the following criteria;
 - i. Amplitude
 - ii. Landing
 - iii. Execution
3. Mogul events may be timed at the Super Youth Challenge. The time will not be computed as part of the score but may be used by the turn judges to evaluate the criteria.

Slopestyle, Halfpipe and Big Air

1. 3 judges score based on overall impression out of 100.
2. The scores are averaged to determine the athlete's overall score out of 100.
3. Athletes are scored based on the following criteria;
 - a. Execution
 - b. Variety
 - c. Combinations
 - d. Amplitude

Super Youth Mountain Skills Challenge

Mission Statement

To develop a fresh, innovative approach to the competition format for athletes in the Learn to Train phase of the LTAD model for athlete development. The Learn to Train phase is characterized by accelerated development of coordination and fine motor skills in an athlete as well as their enjoyment in practising newly acquired skills and witnessing their own, personal improvement.

The aim of this new format is to provide athletes with meaningful competition and training. This model shifts from strictly traditional Olympic-style competition formats to include skill-based modules in an effort to provide young athletes with opportunities to ski more, develop foundational skills, make friends in other clubs and have FUN.

The Super Youth Mountain Skills Challenge (MSC) was developed to encourage a 'new school' team-ski experience, that promotes skill development while allowing athletes to explore new ski resorts and terrain.

Collectively we found SY athletes, in traditional competition formats, spend too much time waiting for their turn to drop, and not enough time skiing, meeting others or learning new skills.

Our newly developed Mountain Skills Challenge provides skill development opportunities in the form of Air, Boxes/Rails and Moguls 'stations'. With an additional venue or training experience unique to each host ski resort. Examples include a ski-medley, airbag training, freeride contests and more. The possibilities are endless.

The MSC also strengthens our ski community by providing an opportunity for young athletes to meet other skiers from across the province and work together in a team format to score points for their groups.

Judging

By creating skills 'stations' with on-site judges, athletes can receive practical feedback on the skills performed. These judge interactions also encourage athletes and coaches to develop a better understanding of typical judging criteria which ultimately benefit the athlete for years to come as they progress into the higher levels of competition.

Using video submission (videos are filmed and submitted by the coaches) we can incorporate a judging component into this new format which allows for an exciting contest feel and aligns with the social trends of this demographic.

The judging format used in the MSC follows the 'P.A.V.E.D' acronym (Progression, Amplitude, Variety, Execution and Difficulty)

“The SY MSC is the most beneficial tool for our young athletes' skiing skills. It focuses on skill and social development, mileage and FUN. We continue to push progression, lead the industry, and provide our athletes with the best opportunities for their Long-Term Athlete Development. We have tried many variations of this event, over the years. From the Head Judge and LTAD perspective, the MSC ticks all the boxes and provides a fantastic freestyle, all-mountain experience.”

Typical scoring sheet used at Super Youth Mountain Skills Challenge.

[illegible]

Appendix

Links and Resources

Freestyle BC

<https://freestylebc.ski/>

Freestyle Canada

<https://freestylecanada.ski/>

FIS - ICR - Freestyle Ski / Freeski

https://assets.fis-ski.com/image/upload/v1657274302/fis-prod/assets/SBFSFK_NEW_ICR_marked_up_spring_2022_clean_08.07.22.pdf

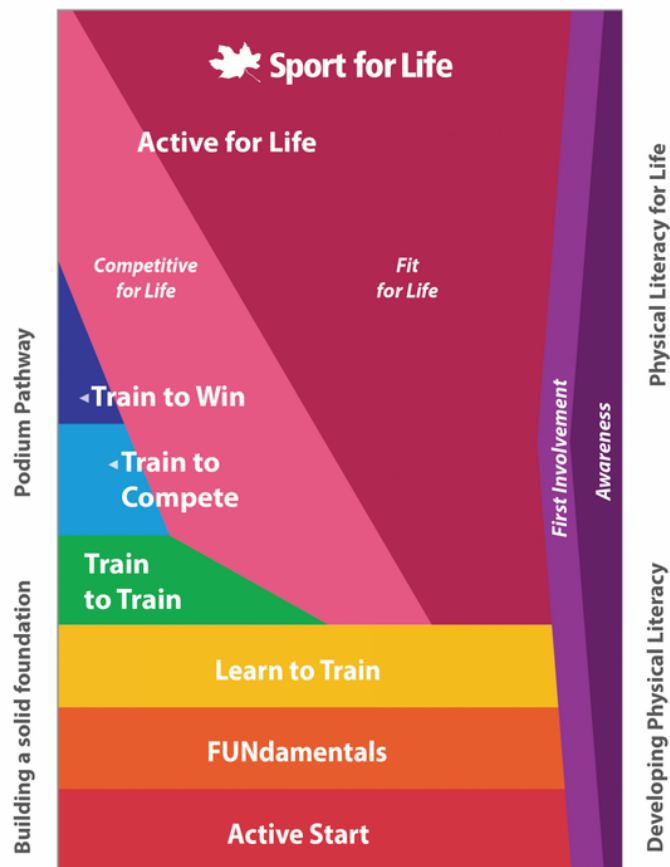
Freestyle BC Events Resources

<https://freestylebc.ski/resources/events/>

Freestyle Canada Competition and Terrain Resources

<https://freestylecanada.ski/resources/competition-and-terrain/>

Long-Term Development in Sport and Physical Activity



Canadian Sport for Life - Long-Term Athlete Development

	ENTRY	DEFINING CHARACTERISTICS	INCLUDES	TRAINING	COMPETITION	
Active for life	Physically literate and not on the Excellence Pathway	Desire to be physically active, either through competition (Competitive for Life stream) or not through competition (Fit for Life)	All participants who are regularly active	Participate in physical activity May engage in periodized training environment with personalized goals for selected competitions	Fit for Life – Personal fitness – no organized competition Competitive for Life – From fun to intensive competitions based on age, culture, employment, ability, etc., such as Masters Games, Highland Games, Military/Police/Firefighter Games, Para-sport Games, etc.	MAINTAINING PHYSICAL LITERACY
Train to Win	World class competitor	Challenging for medals at senior international competitions or... playing in the highest professional leagues in the world	Athletes vying for Olympic/ Paralympic and world championship medals Four to zero years from a medal performance, on the Podium Pathway	Highly integrated and individualized periodized training environment Aspiring to a Gold Medal Profile	Full time athletes supported by Integrated Support Teams (IST) or equivalent Highest level of competition in the world, such as: Olympics/Paralympics, World Championships, World Cups or top professional leagues (e.g. MLB, NHL, NFL, NLL, NBA, EPL, NWSL, etc)	
Train to Compete	Proficient in the sport-specific Train to Train athlete development performance components	Representing Canada internationally Challenging for national podium performances Highly committed to achieve success internationally	"Next Generation" athletes on the Podium Pathway who are eight to four years away from competing for Olympic/ Paralympic and world championship medals	Training full-time or near full-time in most sports Event- and position-specific specialization early in the stage Full-time integrated periodized training environment	Late Train to Compete (Learn to Win) - representing Canada at international competitions (Olympics, Pan Ams, Commonwealth) Gaining exposure to international competition (e.g. FISU Games, Junior Olympics/Paralympics, Junior Worlds etc) Early Train to Compete (Learn to Compete) - mostly national and some international competition in one sport, but may be training and competitive in another sport	
Train to Train	Proficient in the Learn to Train athlete development performance components Physically literate	Rapid increase in stature, physical capacity, sporting ability and commitment to being an athlete Developing the capabilities to progress on the Excellence Pathway	Developing athletes who have generally made a strong commitment to performance sport	Generally specialization in one sport occurs toward the end of the stage Periodized training environment with increasing levels of meaningful competition from local to national Includes opportunities to participate in multiple sports	Late Train to Train - competing provincially and exposed to national and limited international competition Increasing level of developmentally appropriate programs and meaningful competition Early Train to Train - competing locally and regionally in 3 or more sports	EXCELLENCE PATHWAY
Learn to Train	Acquired a wide range of fundamental movement skills	Brain near adult size and capable of acquiring highly refined skills A period of steady growth and increasing capacity to understand rules, tactics and strategy Emergence of competent movement patterns	All active children	At the end of the Learn to Train stage, athletes who do not enter the Long-Term Athlete Development Excellence Pathway move on to the Active for Life stage. OR continue in the Learn to Train stage until they have the ability to enter Train to Train stage. Inclusive, fun skill-based environment with skill-based modified competition Includes opportunities to participate in multiple sports	Modified competitions focused on skill development Little or no focus on standings or results Inclusive small sided games	
FUNDamentals	End of rapid brain growth	Improving movement competency Autonomous use of fundamental movement skills including decision making	All active children	Low-organized environment Inclusive multisport activities FUN!, developmentally appropriate	Low levels of organized activity that support athlete development Competition modified to be developmentally appropriate Fun, multisport, inclusive "competition" that focuses on skill acquisition allowing for decision making and learning	
Active Start	Birth	Proliferation of brain cells and brain activity Development of basic movement skills	All children	Exploratory and diverse environment Unstructured free play Introduction and development of movement skills	Fun activities and games (e.g. tag, catch) Non-competitive, multisport/multi-movement activities Self-challenging environments	DEVELOPING PHYSICAL LITERACY

LTAD.ca

Athletes/participants are identified as being in a stage of Long-Term Athlete Development



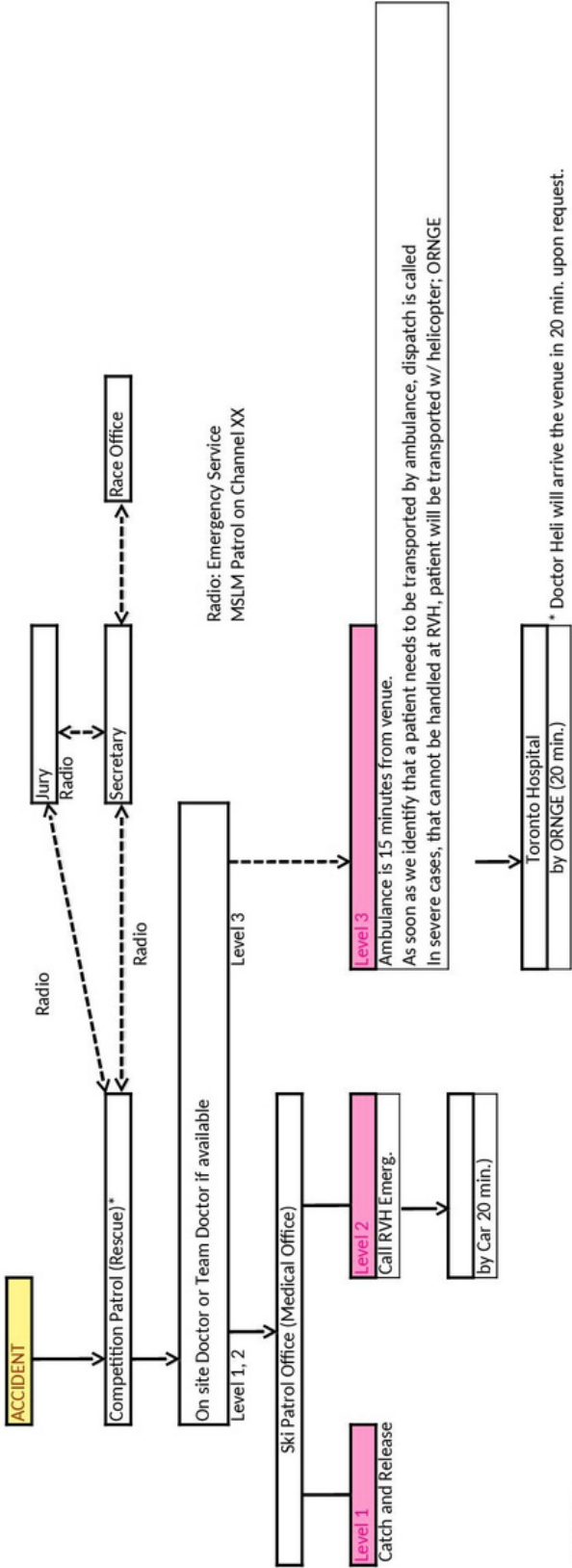
canadiansportforlife.ca



PASSION. DISCIPLINE. FOCUS.

Example of a Medical Flow Chart / Emergency Action Plan

2018 Jr. Nationals at MSLM
MEDICAL PLANNING FLOW



Contacts:
MSLM Patrol

Howard Simpson

XXX-XXX-XXXX

* Two Patrollers at top of course; Toboggan staged at top and at deck of 2nd air

1) MSLM Patrol	705-835-2112 x 217	AED, HO2, BVR, BACKBOARDS, FULL TRAUMA KIT X 2, Trauma Toboggan
2) Royal Victoria Health Centre	705-728-9802	by car 20 min.
3) Pharmasave Royal Medical	705-719-9448	1 Quarry Ridge Rd, Barrie 20 minutes

Standard Memorandum of Understanding

(subject to change)



Memorandum of Understanding between Freestyle BC and HOST CLUB

1. Parties.

This Memorandum of Understanding (hereinafter referred to as "MOU") is made and entered into by and between Freestyle BC, hereinafter referred to as "The PSO", whose address is 205 Kicking Horse Place, Vernon, BC V1B 4E8 and the [Host Club] hereinafter referred to as "The LSO". Whose address is :

2. Purpose and Scope

The purpose and scope of this MOU is to clearly identify and agree upon the roles and responsibilities of each party as they relate to the successful coordination and execution of their respective Timber Tour and Super Youth Event, hereinafter referred to as "The Event".

3. Terms of the MOU

The terms and conditions of this MOU shall be effective as of the date of signing by both parties and shall remain in full force and effect until the conclusion of the final day of the event.

4. Amendments

Each party may request changes to this MOU. Any changes, modifications, revisions or amendments to this MOU which are mutually agreed upon by and between the parties shall be included in writing, within this mou and shall become effective when executed and signed by both parties to this mou.

5. Budgeting and Financials

- The PSO and LSO will work together to establish an initial events budget and maintain financial records using a shared Google Sheets file. Budget to be agreed upon ideally 90 days prior to the event.
- Budget revenue from event fees will be based on 85% of maximum athlete attendance.
- The PSO will accept all event fees and remain responsible for all event costs except those associated with the LSO's responsibilities.
- Any profit remaining after all PSO event-specific expenses, will be split equally between the PSO and LSO.
- If required, LSO can request up to 15% of budgeted revenue to cover 'up-front' costs associated with their responsibilities. This amount shall be subtracted from their portion of the final profit split.
- LSO requests must be made no later than 21 days before the first day of training. Reasons for the request must be provided in writing. It is the sole discretion of the PSO to grant these requests.
- Any additional revenue received outside of the event fees will belong to the LSO.
- Any financial loss as a result of low athlete attendance shall be shared between the PSO and the LSO.

6. Responsibilities of the PSO

- Officials and Judges Travel, Accommodation, Per Diems, Honorarium and Remuneration
- PSO to work with the LSO to provide adequate and cost effective Officials accommodations.
- PSO Staff hours (Communication, Coordination, Administration). Approx 30hrs p/event
- Medals and Awards

7. Responsibilities of the LSO. (including but not limited to,)

- Volunteer Lift Tickets
- Rental of Competition Office space
- Grooming Expenses
- Patrol and/or Resort fees
- Expenses related to all course builds, preparation and maintenance
- Office and Event Supplies
- Volunteer Lunches and Appreciation
- Athlete Gift Bags, Swag and Prizing

*It is strongly recommended that the LSO seek out partnership opportunities with local businesses to keep expenses to a minimum where possible.

8. Signatures

Name / Title / Organization _____ [THE LSO] _____

Date _____

Name / Title / Organization _____ [THE PSO] _____

Date _____

In order to maintain effective communication which allows for the transfer of accurate information in an organised manner, the following process should be maintained.

Events Communication Process

