



## Apex Okanagan Shred Sessions

Proudly Hosted by:

Apex Freestyle Club & Apex Mountain Resort

Sponsored by:

FH&P Lawyers

Penticton, British Columbia

**February 8/9, 2025**

The Apex Freestyle Club Event Organizing Committee is pleased to invite eligible athletes.

**Location:** Apex Mountain Resort  
1000 Stray Horse Rd, Hedley, BC V0X 1K0  
250.292.8222 - [www.apexresort.com](http://www.apexresort.com)

**Questions:** [admin@freestyleapex.com](mailto:admin@freestyleapex.com)

### Operating Schedule

The event will take place as follows:

- **Friday, February 7, 2025** - Non-mandatory unofficial training. Coaches and athletes will conduct mogul course maintenance and Knoll Master duties. Okanagan Park will be open to the public.
- **Saturday, February 8, 2025** - Mandatory Training and SLOPESTYLE COMPETITION
- **Sunday, February 9, 2025** – SINGLE MOGULS COMPETITION - Aussie Rules Scoring. Athletes must participate in Saturday moguls training to compete.

A detailed schedule is located on page 4. The Organizing Committee reserves the right to make changes.

### Registration

- Entry fees: \$95/Athlete
- All participants must register and make payment online using this link: [Okanagan Shred Sessions](#)
- All coaches, volunteers and officials must sign up using this link: [Okanagan Shred Sessions](#)
- Registration closes: February 5, 2025.
- All athletes are required to have a minimum Club Athlete Licence. Any athletes who have qualified and intend to perform inverts in this competition must have a Provincial Athlete License.

### Age Categories

U8, U10, U12, and U14

### Refund Policy

- A registered athlete who withdraws from the entire event after registration closes and before the generation of the start list will receive a refund of 50% of their entry fee.
- Athletes who appear on the official start list for an event WILL NOT be given a refund.
- No refunds will be given without a written request received no later than February 16, 2025.
- Snowreg transaction fees are fixed and cannot be refunded under any circumstances.
- Requests for refunds for other extraordinary circumstances shall be considered at the discretion of the Organizing Committee.



### **Competition Office**

- Located in the Brown Bag Lunchroom on the lower level of the Gunbarrel building.
- Will be open Friday evening 6:00-8:00 and Saturday morning 7:30-10:00. All participants must check in to confirm participation in the event, pick up competition bibs, and a parent (or coach) must sign an Apex Mountain Event Waiver for each athlete.

### **Bibs**

**Any bibs NOT RETURNED in good condition will result in a \$45 replacement fee.** It is important that your bib number matches your event registration for judging and scoring. Bibs **must be worn** properly for on-site training, the competition and awards ceremonies. Bibs can be returned to the Race Office during operating hours or at the bottom of the mogul course on Sunday.

### **Lift Tickets**

- Each competitor is responsible for the purchase of their lift ticket for each day of the event.
- Apex Mountain Resort offers athletes a 25% discount for lift passes or the respective reciprocal season pass discounts to their home mountain.
- Ticket Office opens at 8 am daily.
- A limited number of complimentary lift tickets for coaching staff, judges, media, officials and volunteers are available each day.
- **COACHES:** Please email Event Secretary – Colleen Rolston – [admin@freestyleapex.com](mailto:admin@freestyleapex.com) by February 5<sup>th</sup> to confirm the number of coach passes required for your team. Coach passes will be picked up at the Ticket Office.

### **Volunteers**

The success of these events depends on volunteers. There are no special skills required. Ski, snowboard, or a quick hike up to the courses. Not sure how you can help? Email [theresa@freestyleapex.com](mailto:theresa@freestyleapex.com) and we'll find you a job!

Thank you in advance for your support and assistance! **Volunteer sign-up link:** [Sign Up Genius](#)

### **Statement of Liability**

All athletes and officials who attend and participate in the event shall do so at their own risk. All athletes, coaches and officials must have a valid Freestyle Canada/Freestyle BC membership. The Organizing Committee, PSO, Canadian Freestyle Ski Association, Apex Mountain Resort and the Canadian Snowsports Association shall not be responsible for accidents, damaged or lost equipment and belongings and/or second or third-party claims during the staging of the event. All participants are urged to protect and safeguard their personal belongings at all times.

### **Accident Protocol**

In the case of accidents during the event, medical personnel from the Organizing Committee and Ski Patrol personnel will be responsible for any medical decision or evacuation to the local hospital. Copies of the Event Medical Plan are available at the Race Office or upon request.

### **IMPORTANT NOTICES**

Please note that there will be **ZERO TOLERANCE** for any offensive language or behavior during the event. Any damages or disruption to hotel, facilities or other property related to this event will result in the offender(s) being immediately removed.



**\*\*Regarding the T-Bar:**

- there is a bottleneck point at the bottom of the T-bar. All athletes must observe the Slow Zones and remain in control. There is zero tolerance for speeding athletes.
- while on the T-bar, all athletes must hold the ski line - no Zig Zagging or early offloads.
- when offloading at the top, the T-bar must be held until it goes all the way around the Bullwheel.

At Apex Mountain's discretion, bibs may be confiscated and athletes disqualified.

**Okanagan Shred Sessions Sponsor**



**Apex Freestyle Club Gold Sponsors**





## APEX OKANAGAN SHRED SESSIONS SCHEDULE

### Friday, February 7, 2025

	Start	Finish	Duration		Location
<b>MO/SS</b>	09:00	14:00	5:00	Course Prep and Unofficial Training	Andi's Alley and Okanagan Park
<b>MO/SS</b>	18:00	20:00	2:00	Registration and Bib Pick Up	Brown Bag Lunch Room

### Saturday, February 8, 2025

#### Slopestyle Training and Competition Moguls Training

	Start	Finish	Duration		Location
<b>MO/SS</b>	7:30	9:00	1:30	Registration and Bib Pick Up	Brown Bag Lunch Room
<b>SS</b>	8:15	8:30	0:15	Course Prep	Okanagan Park
	8:30	10:00	1:30	U8/10 Training	
	10:00	11:30	1:30	U12/U14 Training	
	11:30	11:45	0:15	Course Maintenance	
	11:45	1:30	1:45	U8/U10 Competition	
	1:30	3:15	1:45	U12/U14 Competition	
<b>MO</b>	9:00	9:15	0:15	Course Prep/Chop	Andi's Alley
	9:15	12:00	2:45	Combined Training	
	12:00	12:15	0:15	Course Prep/Chop	
	12:15	3:00	2:45	Combined Training	
	3:00	3:15	0:15	Course Prep/Chop	
<b>TCM</b>	3:45	4:00	0:15	Team Leaders' Meeting	Brown Bag Lunch Room
	4:05	4:20	0:15	Awards	Gunbarrel Podium

### Sunday, February 9, 2025

#### Moguls Training and Competition

	Start	Finish	Duration		Location
<b>MO</b>	08:45	9:00	0:15	Course Prep/Chop	Andi's Alley
	9:00	9:15	0:15	U12/U14 Inspection	
	9:15	10:15	1:00	U12/U14 Training	
	10:15	10:30	0:15	U8/U10 Inspection	
	10:30	11:30	1:00	U8/U10 Training	
	11:45	12:00	0:15	Course Prep/Chop	
	12:00	1:45	1:45	U12/U14 Competition	
	1:45	3:30	1:45	U8/U10 Competition	
	3:30	3:45	0:15	Verification, Course Slip/Chop	
	3:50	4:05	0:15	Awards	Mogul Hut Podium